

# THE CLFC FAMILY REUNION NEWS

THE *CREATING LASTING FAMILY CONNECTIONS* ®

QUARTERLY NEWSLETTER

Spring Edition

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## **NREPP Accepts 2 New “CLFC” Curriculumms for Review**

COPES staff recently submitted two new *Creating Lasting Family Connections* ® (*CLFC*) curriculumms to the National Registry of Evidence-based Programs and Practices (NREPP) for review. Ted N. Strader, the CLFC Program Developer, led the development of both new programs. One version, entitled *Creating Lasting Family Connections* ® *Fatherhood Program: Family Reintegration* was created specifically for fathers experiencing prison reentry, recovery or any other form of physical or emotional separation from their families (i.e. military service, out-of-town job, training or work, sabbatical, prolonged illness, etc). The second version, entitled *Creating Lasting Family Connections* ® *Marriage Enhancement Program*, was developed to specifically address stresses within a marriage, especially when one of its members is in recovery for substance abuse or reentering the community after a period of incarceration, military service or any other form of physical or emotional separation.

Just this month, we learned that both new curriculumms have been accepted for review by NREPP. This implies that the scientific basis for each program has been examined and found acceptable by NREPP’s panel of reviewers. Although the review process is lengthy and thorough (up to 18 months), this initial acceptance for review typically precedes eventual full acceptance and listing on NREPP.

Over the course of the next year and a half, a team of NREPP reviewers will conduct a comprehensive, in-depth review of the dissemination materials for the two new CLFC Fatherhood and Marriage programs. NREPP will be examining the 2 new sets of program trainer manuals, participant notebooks, evaluation kits, fidelity instruments, supplemental trainer notes, the *Creating Lasting Family Connections* ®: *Secrets to Successful Facilitation* book, Implementation Training and Certification materials and Master Trainer Training and Certification materials.

If, as anticipated, NREPP accepts these two new programs at the end of their review process, COPES will have three separate CLFC Programs listed on the National Registry of Evidence-based Programs and Practices (NREPP). Very few organizations in the country have achieved this distinguished status. We look forward to the review of both new curriculums with optimism based on prior experience, and with high expectations for how acceptance and listing can often broaden the scope and significance of available services offered to families in local communities across the nation. Stay tuned for more details!

## **Fatherhood Article Published in Peer-Reviewed Journal**

Based on statistically significant results from quasi-experimental evaluation research studies with two prior CLFC projects that served reentry populations, staff and partners wrote and submitted an article to the peer-reviewed journal, *The Criminal Justice Policy Review*. This journal accepted the article, which is scheduled to be published in a special edition focused on prison recidivism. Upon publication, the article is likely to bring CLFC to the forefront of the increasing number of public conversations about policy changes for how our nation approaches treatment and aftercare for reentry and recovery populations. The article also has the potential to open up new avenues of grant funding, especially for those agencies organized and prepared to meet the ever-growing needs of these often underserved groups.

### **3 New CLFC “Upgrade” Trainings Now Available!**

In celebration of the NREPP-reviews and peer-reviewed journal article, the Resilient Futures Network (RFN) is now offering a unique, state-of-the-art opportunity for CLFC Trainers already certified in the original *Creating Lasting Family Connections® (CLFC) Program* to enhance their arsenal of services with specialized certifications in the new *CLFC Fatherhood* and *Marriage Enhancement Programs*, or both!

These new programs have demonstrated strong outcomes in empirical studies as reported in the previous edition of the CLFC Newsletter. These personal and family strengthening programs include a special focus on serving minority, reentry and/or recovering populations.

We are excited to share this advanced, new technology with others who wish to diversify their agency’s funding portfolio for sustaining important personal and family strengthening services in a changing economy. By serving new populations in new ways, we are assisting other organizations in accessing additional new funding sources. These innovative strategies have already proven to be an effective response to the unpredictable economy and uncertain forecast of future funding opportunities.

**The three exclusive CLFC Implementation Training “upgrades” listed below are available only to existing CLFC certified trainers for the next 24 months!**

### **3-Day *CLFC Fatherhood Program* “Upgrade” Training**

First, the Resilient Futures Network (RFN) is offering a 3-Day *CLFC Fatherhood Program: Family Reintegration* “upgrade” Implementation Training for all previously certified CLFC trainers. This dynamic *CLFC Fatherhood* Training centers on creating a participating personal growth and development experience for men that is deep, rich, culturally sensitive, engaging, practical and both personally and professionally rewarding for both participants and providers. RFN is also offering a special track with a focus on serving re-entry and recovery populations, and will review the grant-writing strategies COPEs and other agencies are using to successfully secure over a million dollars of funding each year to serve this population.

Upon completion of this implementation training, previously certified CLFC trainers will then have a dual certification for both the Original *CLFC Program* and the new *CLFC Fatherhood Program: Family Reintegration*. This is a wonderful opportunity for individuals and administrators to take advantage of significant time and cost savings. This 3-Day accelerated training saves up to 5 full days of training time from a typical *CLFC Fatherhood Program Implementation Training* and is specially priced at \$450 per individual or \$4,500 per agency. This is a \$300.00 savings for individuals and a \$3,000.00 savings for agencies!

## **2 ½ - Day CLFC Marriage Enhancement Program**

### **“Upgrade” Training**

Second, RFN is offering a new “upgrade” training for the *CLFC Marriage Enhancement Program* that has proven highly effective in enriching and positively impacting couples who desire healthy, safe and increasingly rewarding relationships built on mutual trust, respect and love. Couples employing these skills are improving the life-long well-being of their children.

This training may empower your agency to continue to provide vital services in your community that support and strengthen healthy relationships and families.

This new implementation training for the *CLFC Marriage Enhancement Program* will provide the most updated insights that COPEs and RFN staff have gained in recruiting, retaining and adapting the *CLFC* curriculum to serve committed couples. Participants will also examine effective grant-writing strategies used to write successfully funded healthy marriage grants.

Upon completion of this implementation training, previously certified CLFC trainers will then have a dual certification for both the Original *CLFC Program* and the new *CLFC Marriage Enhancement Program*. This is a wonderful opportunity for individuals and administrators to take advantage of significant time and cost savings. This 2 ½ -Day accelerated training saves half a day of training time and is specially priced at \$350 per individual or \$3,750 per agency. This is a \$75.00 savings for individuals and a \$750.00 savings for agencies!

## **5-Day Combined CLFC “Upgrade” Training for both the *Fatherhood and Marriage Enhancement Program***

Finally, RFN is also offering a 5-Day CLFC Implementation Training “upgrade” for existing CLFC certified trainers who want to be additionally certified in **BOTH** the *CLFC Fatherhood Program: Family Reintegration* and the *CLFC Marriage Enhancement Program*. This dual certification “upgrade” is a major advantage for trainers and agencies desiring to maintain high energy and a sense of renewed excellence in their work with youth and families. This training will improve your team’s ability to remain competitive in an ever-changing funding environment.

Upon completion of this 5-Day *CLFC* “Dual” Implementation Training “upgrade”, previously certified CLFC trainers will then have a triple certification for the Original *CLFC Program*, the new *CLFC Fatherhood Program: Family Reintegration* and the *CLFC Marriage Enhancement Program*. Of all three new “upgrade” trainings, this combined training offers the most significant cost and time savings. The accelerated 5-Day training is specially priced at \$750 per individual or \$7,500 per agency. This represents more than a 50% savings in both time and cost when compared to the total of up to \$16,500 and up to 11 days of training required to attend both the typical *CLFC Fatherhood and Marriage Enhancement Program* Implementation Trainings separately!

We are planning to offer each of these three, NEW “upgrade” implementation trainings to existing CLFC certified trainers over the next 24 months. These new trainings (the 3-Day *CLFC Fatherhood Program: Family Reintegration* “upgrade” training, the 2 ½ - Day *CLFC Marriage Enhancement Program* “upgrade” Training and the 5-Day Combined *CLFC Program* “upgrade” Training for both Fatherhood and Marriage) are only available for existing CLFC certified trainers. If you are interested in learning more about these exciting new adaptations and participating in any one of these implementation training “upgrades”, please **contact Teresa Boyd Strader at 502-897-1111**. If you are not yet a certified *CLFC* Trainer, please also contact Teresa today to ensure a spot in one of our other upcoming trainings on any or all 3 of our *CLFC* programs! Minimal curriculum material purchase may be necessary for these trainings.

### **CLFC Implementation Training Opportunity Near Reno, NV**

Only a few seats are currently still available for participants to attend the standard 5-day CLFC Implementation Training in scenic Fallon, Nevada. Fallon is located just 1 hour’s drive time from Reno, N.V. Discount training prices are available. For the first 3 or 4 registrants, the cost will be \$600 per person (\$150 off the usual \$750 price). If one agency can fill all 5 of the final 5 slots, we will further reduce the cost for all participants down to \$500 per person. That amounts to \$1000 off the usual cost for training 5 people! The training dates are April 23-27<sup>th</sup>. If you would like to join us, please contact Teresa Boyd Strader at [teresastraderrfn@gmail.com](mailto:teresastraderrfn@gmail.com) or by phone at 502-897-1111.

COPEES, Inc

845 Barret Avenue

Louisville, Kentucky 40204

502-583-6820

Website: [www.copes.org](http://www.copes.org)



Resilient Futures Network, LLC

P.O. Box 6319

Louisville, KY 40206

(502) 897-1111

**Email:** [teresastraderrfn@gmail.com](mailto:teresastraderrfn@gmail.com)

Website: <http://myresilientfuturesnetwork.com>