



Learn more about...

SAMHSA Priority Populations

Learn more about...

SAMHSA Toolkits for implementation

## Creating Lasting Family Connections (CLFC)/ Creating Lasting Connections (CLC)


### Program Description

Creating Lasting Family Connections (CLFC) is a family-focused program that aims to increase parenting skills and family-relationship skills to build the resiliency of youths aged 9 to 17 years, and to reduce the frequency of their alcohol and other drug (AOD) use. CLFC is designed to be implemented through community systems such as churches, schools, recreation centers, and court-referred settings.

The six modules of the CLFC curriculum are administered to parents/guardians and youths in 18 to 20 weekly training sessions. The youths' sessions last 1 to 1.5 hours and the parents' sessions last 1.5 to 2.5 hours. The curriculum focuses on 1) imparting knowledge about AOD use, including tobacco; 2) improving communication and conflict resolution skills; 3) building coping mechanisms to resist negative social influences; 4) encouraging the use of community services when personal or family problems arise; 5) engendering self-knowledge, personal responsibility, and respect for others; and 6) delaying the onset and reducing the frequency of AOD use among participating parents and youths. The program supports problem identification and referrals to other community services for participants, when necessary.

Creating Lasting Connections, which served as the basis for CLFC, was first implemented and evaluated in church and school communities with the families of high-risk, 11- to 14-year-old youths.

### 🔍 Evaluation Findings by Outcome


**Outcome: Knowledge, Attitudes, and Beliefs About Substance Use** 

<b>Program Effects Across all Studies</b>	<p>This program is effective for improving knowledge, attitudes, and beliefs about substance use. The review of the program yielded strong evidence of a favorable effect. Based on one study and one measure, the effect size for knowledge, attitudes, and beliefs about substance use is 1.12 (95% CI: .69, 1.55).</p> <p><a href="#">Click here</a> to find out what other programs have found about the average effect sizes for this outcome.</p>
<b>Key Study Findings</b>	<p>Parents in the intervention group reported statistically significant gains in knowledge about AOD and enhanced beliefs against using these substances, compared with parents in the control group (Johnson et al., 1998; Johnson et al., 1995).</p>
<b>Measures</b>	<p>Johnson et al. (1998) and Johnson et al. (1995): Items about AOD knowledge and beliefs developed for this study from existing assessment tools</p>
<b>Additional Details</b>	<p>This outcome was also assessed separately for each church community and at a 1-year follow-up period (Johnson et al., 1998; Johnson et al., 1995). Subgroup findings and follow-up findings are not rated and therefore do not contribute to the final outcome rating.</p>

### Outcome: Receipt of Mental Health and/or Substance Use Treatment

<b>Program Effects Across all Studies</b>	<p>This program is promising for improving receipt of mental health and/or substance use treatment. The review of the program yielded sufficient evidence of a favorable effect. Based on one study and two measures, the average effect size for receipt of mental health and/or substance use treatment is .32 (95% CI: .07, .57).</p> <p><a href="#">Click here</a> to find out what other programs have found about the average effect sizes for this outcome.</p>
<b>Key Study Findings</b>	<p>Both parents and youths in the intervention group reported a statistically</p>

	significant increase in use of community services to help deal with personal or family problems, compared with parents and youths in the control group (Johnson et al., 1998; Johnson et al., 1995).
<b>Measures</b>	Johnson et al. (1998) and Johnson et al. (1995): Items developed for this study
<b>Additional Details</b>	This outcome was also assessed separately for each church community and at a 1-year follow-up period (Johnson et al., 1998; Johnson et al., 1995). Subgroup findings and follow-up findings are not rated and therefore do not contribute to the final outcome rating.

<b>Outcome: Family Cohesion</b> 	
<b>Program Effects Across all Studies</b>	<p>This program is ineffective for improving family cohesion. The review of the program yielded sufficient evidence of a negligible effect. Based on one study and seven measures, the average effect size for family cohesion is -.03 (95% CI: -.17, .11).</p> <p><a href="#">Click here</a> to find out what other programs have found about the average effect sizes for this outcome.</p>
<b>Key Study Findings</b>	<p>There was a short-term, marginally significant gain in parents' reported communication with their youths for the intervention group, compared with the control group; however, this finding was not confirmed by youths' reports (Johnson et al., 1998; Johnson et al., 1995). Youths in the intervention group demonstrated marginally significant gains in bonding with their mothers, compared with youths in the control group; however, this finding was not confirmed by parents' reports (Johnson et al., 1998; Johnson et al., 1995). There were no statistically significant between-group differences in the use of family meeting practices, youth-report of bonding with their fathers, and parent-report of youths' bonding with siblings (Johnson et al., 1998; Johnson et al., 1995).</p>
<b>Measures</b>	Johnson et al. (1998) and Johnson et al.

	(1995): Items developed for this study using existing assessment tools
<b>Additional Details</b>	This outcome was also assessed separately for each church community and at a 1-year follow-up period (Johnson et al., 1998; Johnson et al., 1995). Subgroup findings and follow-up findings are not rated and therefore do not contribute to the final outcome rating.

### Outcome: Parenting Practices

<b>Program Effects Across all Studies</b>	<p>This program is ineffective for improving parenting practices. The review of the program yielded sufficient evidence of a negligible effect. Based on one study and six measures, the average effect size for parenting practices is -.04 (95% CI: -.19, .11).</p> <p><a href="#">Click here</a> to find out what other programs have found about the average effect sizes for this outcome.</p>
<b>Key Study Findings</b>	<p>Parents in the intervention group reported a statistically significant increase in the family management practice of involving their youths in setting rules on AOD use, compared with parents in the control group. However, there were no statistically significant between-group differences in the use of family rules on AOD. There were also no differences in youths' involvement in setting rules and expectations for youth behavior other than those involving AOD, or in their use of these rules (Johnson et al., 1998; Johnson et al., 1995). There were no statistically significant between-group differences in parents' and youths' community involvement with one another (Johnson et al., 1998; Johnson et al., 1995).</p>
<b>Measures</b>	Johnson et al. (1998) and Johnson et al. (1995): Items developed for this study using existing assessment tools
<b>Additional Details</b>	This outcome was also assessed separately for each church community and at a 1-year follow-up period (Johnson et al., 1998; Johnson et al.,

1995). Subgroup findings and follow-up findings are not rated and therefore do not contribute to the final outcome rating.

**Outcome: Alcohol Use and Alcohol Use Disorder** 

**Program Effects Across all Studies**

This program is ineffective for reducing alcohol use and disorders. The review of the program yielded sufficient evidence of a negligible effect. Based on one study and four measures, the average effect size for alcohol use and disorders is -.02 (95% CI: -.21, .17).

[Click here](#) to find out what other programs have found about the average effect sizes for this outcome.

**Key Study Findings**

There were no statistically significant between-group differences in parents' frequency and quantity of alcohol use (Johnson et al., 1998; Johnson et al., 1995) or in youths' onset and frequency of alcohol use (Johnson et al., 1995).

**Measures**

Johnson et al. (1998) and Johnson et al. (1995): Youth questionnaire of alcohol and other drug use developed for this study using items from existing assessment tools

**Additional Details**

This outcome was also assessed separately for each church community and at a 1-year follow-up period (Johnson et al., 1998; Johnson et al., 1995). Subgroup findings and follow-up findings are not rated and therefore do not contribute to the final outcome rating.

**Outcome: General Substance Use** 

**Program Effects Across all Studies**

This program is ineffective for reducing general substance use. The review of the program yielded sufficient evidence of a negligible effect. Based on one study and three measures, the average effect size for general substance use is -.02 (95% CI: -.24, .02).

[Click here](#) to find out what other

	programs have found about the average effect sizes for this outcome.
<b>Key Study Findings</b>	There were no statistically significant between-group differences in parents' frequency of alcohol and other drug use (Johnson et al., 1998; Johnson et al., 1995) or in youths' delay of alcohol and drug use and frequency of other drug use (Johnson et al., 1995).
<b>Measures</b>	Johnson et al. (1998) and Johnson et al. (1995): Youth questionnaire of alcohol and other drug use developed for this study using items from existing assessment tools
<b>Additional Details</b>	This outcome was also assessed separately for each church community and at a 1-year follow-up period (Johnson et al., 1998; Johnson et al., 1995). Subgroup findings and follow-up findings are not rated and therefore do not contribute to the final outcome rating.

📄 Study Evaluation Methodology







📄 References

📄 Resources for Dissemination and Implementation \*

Program Profile Completed On 2/13/2017 2:19:58 PM

## Program Snapshot

### Evidence Ratings

-  Knowledge, Attitudes, and Beliefs About Substance Use
-  Receipt of Mental Health and/or Substance Use Treatment
-  Family Cohesion
-  Parenting Practices
-  Alcohol Use and Alcohol Use Disorder
-  General Substance Use

**Program Contact**

Ted N. Strader  
Program Developer

502.583.6820  
tstrader@sprynet.com

**Dissemination/Implementation Contact**

Teresa Boyd Strader, LCSW, CPS  
National Training Director

SAMHSA Quick Links



SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

5600 Fishers Ln • Rockville, MD 20857  
1-877-SAMHSA-7 (1-877-726-4727)



Learn more about...

SAMHSA Priority Populations

Learn more about...

SAMHSA Toolkits for implementation

## Creating Lasting Family Connections (CLFC)/ Creating Lasting Connections (CLC)

### Program Description

Creating Lasting Family Connections (CLFC) is a family-focused program that aims to increase parenting skills and family-relationship skills to build the resiliency of youths aged 9 to 17 years, and to reduce the frequency of their alcohol and other drug (AOD) use. CLFC is designed to be implemented through community systems such as churches, schools, recreation centers, and court-referred settings.

The six modules of the CLFC curriculum are administered to parents/guardians and youths in 18 to 20 weekly training sessions. The youths' sessions last 1 to 1.5 hours and the parents' sessions last 1.5 to 2.5 hours. The curriculum focuses on 1) imparting knowledge about AOD use, including tobacco; 2) improving communication and conflict resolution skills; 3) building coping mechanisms to resist negative social influences; 4) encouraging the use of community services when personal or family problems arise; 5) engendering self-knowledge, personal responsibility, and respect for others; and 6) delaying the onset and reducing the frequency of AOD use among participating parents and youths. The program supports problem identification and referrals to other community services for participants, when necessary.

Creating Lasting Connections, which served as the basis for CLFC, was first implemented and evaluated in church and school communities with the families of high-risk, 11- to 14-year-old youths.

#### ▼ Evaluation Findings by Outcome

#### ⬆ Study Evaluation Methodology

**Johnson et al. (1998); Johnson et al. (1995)**



<b>Study Design Narrative</b>	This study was implemented in five church communities in the Louisville, Kentucky area. A randomized block design was used, blocking on church community. A church community was defined as a group of people who form a support system based on shared activities and interests. Within each community, families were randomly assigned to the intervention group or control group.
<b>Sample Description</b>	Participants were 183 high-risk youths, aged 12 through 14, and their families (95 in the intervention group and 88 in the control group). Over half (58%) of the youths were female, with 16% of families identifying as African American. Just under half of the sample was 12 years old (45%), around one third of the sample was 13 years old (33%), and the remaining youths were 14 years old. Almost half (47%) had five or more family members, and 30% were in low-to-medium-income groups. There were no statistically significant between-group baseline differences on key family and environmental characteristics (e.g., age, gender, youth access to marijuana, parent smoking behavior, and family participation in other alcohol and other drug programs).







### References

### Resources for Dissemination and Implementation \*

Program Profile Completed On 2/13/2017 2:19:58 PM

## Program Snapshot

### Evidence Ratings

-  Knowledge, Attitudes, and Beliefs About Substance Use
-  Receipt of Mental Health and/or Substance Use Treatment
-  Family Cohesion
-  Parenting Practices
-  Alcohol Use and Alcohol Use Disorder
-  General Substance Use

### Program Contact

Ted N. Strader  
Program Developer

502.583.6820  
tstrader@sprynet.com

### Dissemination/Implementation Contact



Learn more about...

SAMHSA Priority Populations

Learn more about...

SAMHSA Toolkits for implementation

## **Creating Lasting Family Connections (CLFC)/ Creating Lasting Connections (CLC)**

### **Program Description**

Creating Lasting Family Connections (CLFC) is a family-focused program that aims to increase parenting skills and family-relationship skills to build the resiliency of youths aged 9 to 17 years, and to reduce the frequency of their alcohol and other drug (AOD) use. CLFC is designed to be implemented through community systems such as churches, schools, recreation centers, and court-referred settings.

The six modules of the CLFC curriculum are administered to parents/guardians and youths in 18 to 20 weekly training sessions. The youths' sessions last 1 to 1.5 hours and the parents' sessions last 1.5 to 2.5 hours. The curriculum focuses on 1) imparting knowledge about AOD use, including tobacco; 2) improving communication and conflict resolution skills; 3) building coping mechanisms to resist negative social influences; 4) encouraging the use of community services when personal or family problems arise; 5) engendering self-knowledge, personal responsibility, and respect for others; and 6) delaying the onset and reducing the frequency of AOD use among participating parents and youths. The program supports problem identification and referrals to other community services for participants, when necessary.

Creating Lasting Connections, which served as the basis for CLFC, was first implemented and evaluated in church and school communities with the families of high-risk, 11- to 14-year-old youths.

📄 **Evaluation Findings by Outcome**

📄 **Study Evaluation Methodology**

📄 **References**

## STUDIES REVIEWED

Johnson, K., Bryant, D. D., Collins, D. A., Noe, T. D., Strader, T. N., & Berbaum, M. (1998). Preventing and reducing alcohol and other drug use among high-risk youths by increasing family resilience. *Social Work, 43*(4), 297–308.

Johnson, K., Berbaum, M., Bryant, D., & Bucholtz, G. (1995). Evaluation of Creating Lasting Connections: A program to prevent alcohol and other drug abuse among high risk youth. Final evaluation report. Louisville, KY: Urban Research Institute.

## SUPPLEMENTAL AND CITED DOCUMENTS

Johnson, K., Young, L., & Collins, D. (2004). The Creating Lasting Family Connections program: Evaluation kit. Louisville, KY: Resilient Futures Network.

## OTHER STUDIES







Johnson, K., Strader, T., Berbaum, M., Bryant, D., Bucholtz, G., Collins, D., & Noe, T. (1996). Reducing alcohol and other drug use by strengthening community, family, and youth resiliency: An evaluation of the Creating Lasting Connections program. *Journal of Adolescent Research, 11*(1), 36–67.

### ☑ Resources for Dissemination and Implementation \*

Program Profile Completed On 2/13/2017 2:19:58 PM

### Program Snapshot

#### Evidence Ratings

-  Knowledge, Attitudes, and Beliefs About Substance Use
-  Receipt of Mental Health and/or Substance Use Treatment
-  Family Cohesion
-  Parenting Practices
-  Alcohol Use and Alcohol Use Disorder
-  General Substance Use

#### Program Contact

Ted N. Strader  
Program Developer



Learn more about...

SAMHSA Priority Populations

Learn more about...

SAMHSA Toolkits for implementation

## **Creating Lasting Family Connections (CLFC)/ Creating Lasting Connections (CLC)**

### **Program Description**

Creating Lasting Family Connections (CLFC) is a family-focused program that aims to increase parenting skills and family-relationship skills to build the resiliency of youths aged 9 to 17 years, and to reduce the frequency of their alcohol and other drug (AOD) use. CLFC is designed to be implemented through community systems such as churches, schools, recreation centers, and court-referred settings.

The six modules of the CLFC curriculum are administered to parents/guardians and youths in 18 to 20 weekly training sessions. The youths' sessions last 1 to 1.5 hours and the parents' sessions last 1.5 to 2.5 hours. The curriculum focuses on 1) imparting knowledge about AOD use, including tobacco; 2) improving communication and conflict resolution skills; 3) building coping mechanisms to resist negative social influences; 4) encouraging the use of community services when personal or family problems arise; 5) engendering self-knowledge, personal responsibility, and respect for others; and 6) delaying the onset and reducing the frequency of AOD use among participating parents and youths. The program supports problem identification and referrals to other community services for participants, when necessary.

Creating Lasting Connections, which served as the basis for CLFC, was first implemented and evaluated in church and school communities with the families of high-risk, 11- to 14-year-old youths.

☑ **Evaluation Findings by Outcome**

☑ **Study Evaluation Methodology**

☑ **References**

## Resources for Dissemination and Implementation \*

*\* Dissemination and implementation information was provided by the program developer or program contact at the time of review. Profile information may not reflect the current costs or availability of materials (including newly developed or discontinued items). The dissemination/implementation contact for this program can provide current information on the availability of additional, updated, or new materials.*

## Implementation/Training and Technical Assistance Information

Providers at hundreds of sites across the United States, the U.S. territories, and several other countries have been trained to implement the CLFC Program, and it remains operational at several human service agencies, mental health centers, civic organizations, juvenile justice detention and diversion programs, correctional institutions, and city and county governments.

Staff and consultants who have completed a national certification and training system may train groups of 6 to 18, and certify qualified individuals as CLFC Implementation Trainers over a 5-day period. No previous education or experience is required for providers to become trained. Once trained, certified CLFC Implementation Trainers are able to implement the CLFC Program with youths and adults. CLFC Master Trainer Training is available to individuals within agencies or systems who have already received CLFC Implementation Training Certification, who have experience with implementing the CLFC Program in the community, and who have demonstrated positive results in their local CLFC Program implementation. Certified CLFC Master Trainers train staff within their own agency to implement the CLFC Program.

Required resources for implementation comprise a number of materials that range in price, including manuals, notebooks, and posters. Materials that are optional, yet strongly recommended, include: videos; training assessment surveys; the Community Mobilization Manual; the Fidelity Instrument; and the CLFC Logic Model. Other materials are optional and range in price, including the CLFC Master Trainer Training; CLFC Evaluation Kit; CLFC Relationship Skills: Pre-Post Survey for Outcome Evaluation; CLFC Retrospective Evaluation Kit; books on CLFC theory, sample exercises, and research outcomes; in-person or telephone technical assistance; and online FAQs.

The program developer and/or the national training director are available weekdays for telephone consultation regarding CLFC implementation and training needs, or to answer general questions.

## Dissemination Information

A large selection of support materials and information is available on the websites, [www.copes.org](http://www.copes.org) and [www.myresilientfuturesnetwork.com](http://www.myresilientfuturesnetwork.com), for agencies interested in implementing the program. In addition, a fully stocked warehouse of CLFC materials is available for shipping to purchasing agencies. A collection of marketing materials for different populations, including written and video testimonials, is available upon request. Most materials are free, with the exception of Building Healthy Individuals, Families, and Communities: Creating Lasting Connections, which costs \$25.00, and the scoring and reports for the assessment surveys, which cost \$150.00 plus shipping.

## Summary Table of RFDI Materials

Description of item	Required or optional	Cost	Where obtained
<b>Implementation Information</b>			
<p>CLFC Set (all 6 trainer manuals, a set of 25 participant notebooks for all 6 modules, 6 poster sets, and a portfolio carry-case); manuals, notebooks, and posters. For trained facilitators implementing the CLFC Program; notebooks are for parent and youth participants; each of 3 parent training sessions is a 5-to 6-session module (1.5 to 2 hours per session); each of 3 youth trainings is a 5-session module (1 to 1.5 hours per session). Also available in Spanish</p>	Required	\$1,125 plus shipping	Contact program supplier: Teresa Boyd Strader <a href="mailto:teresastraderrfn@gmail.com">teresastraderrfn@gmail.com</a>
<p>Individual CLFC Module Kits: 1) Developing Positive Parental Influences; 2) Developing a Positive Response; 3) Raising Resilient Youth; 4) Developing Independence and Responsibility; 5) Getting Real for Adults; and 6) Getting Real for Youth Training Kits, including trainer manual, 25 participant notebooks and a poster set. Manuals, notebooks, and posters for trained facilitators implementing the CLFC Program; notebooks are for parent and youth participants; each of 3 parent-training sessions is a 5- to 6- session module (1.5 to 2 hours per session); each of 3 youth trainings is a 5-session module (1 to 1.5 hours per session).</p>	Required	\$250 per individual module kit plus shipping	Contact program supplier

<p>Individual CLFC Trainer Manuals: 1) Developing Positive Parental Influences; 2) Developing a Positive Response; 3) Raising Resilient Youth; 4) Developing Independence and Responsibility; 5) Getting Real for Adults; and 6) Getting Real for Youth. Manuals are for trained facilitators implementing the CLFC Program; each of the individual parent trainings is a 5- to 6-session module (1.5 to 2 hours per session); Each of the youth trainings is a 5-session module (1 to 1.5 hours per session).</p>	Required	\$75 per individual trainer manual plus shipping	Contact program supplier
<p>Individual sets of 25 CLFC Notebooks are also available individually: 1) Developing Positive Parental Influences; 2) Developing a Positive Response; 3) Raising Resilient Youth; 4) Developing Independence and Responsibility; 5) Getting Real for Adults; and 6) Getting Real for Youth); For trainers and program participants</p>	Required	\$99.95 per individual set of 25 notebooks plus shipping	Contact program supplier
<p>Individual sets of 25 CLFC Notebooks are also available individually: 1) Developing Positive Parental Influences; 2) Developing a Positive Response; 3) Raising Resilient Youth; 4) Developing Independence and Responsibility; 5) Getting Real for Adults; and 6) Getting Real for Youth); For trainers and program participants</p>	Required	\$99.95 per individual set of 25 notebooks plus shipping	Contact program supplier
<p>CLFC DVD Series, which includes the following five DVDs: 1) Getting Real: It Takes Two to Know You; 2) Getting Real: Role-Plays with Adults with Trainer Notes; 3) The Intoxication Curve; 4)</p>	Optional	\$499 for set plus shipping	Contact program supplier

<p>High, Drunk or State of Mind; 5) Problem Drinking or Alcoholism. For trained facilitators implementing the CLFC Program and for ongoing staff training and support; each video within the DVD set varies in length from 17 to 65 minutes.</p>			
<p>Individual DVDs: 1) Getting Real: It Takes Two to Know You; 2) Getting Real: Role-Plays with Adults with Trainer Notes; 3) The Intoxication Curve; 4) High, Drunk or State of Mind; 5) Problem Drinking or Alcoholism. For trained facilitators implementing the CLFC Program and for ongoing staff support; each video within the DVD set varies in length from 17 to 65 minutes.</p>	Optional	Between \$100 and \$114 plus shipping	Contact program supplier
<p>CLFC Training Assessment Survey for supervisors to assess their staff readiness to implement CLFC. For supervisors and staff who intend to implement CLFC; approximately 30 minutes.</p>	Optional	Surveys are free; \$150 plus shipping for scoring and reports	Contact program supplier
<p>CLFC Implementation Training (includes limited ongoing technical assistance for 1 year with implementation and fidelity issues), to assist people to conduct fidelity implementations and educate personnel in quality assurance procedures. For professional or volunteer staff who want to implement the CLFC Program with parents and youths; 5 to 10 days in length with 8 contact hours per day. Also available in Spanish</p>	Optional	\$750 per trainee plus travel-related expenses	Contact program supplier
<p>Customized onsite CLFC Implementation Training (includes limited ongoing</p>	Optional	\$7,500 plus travel-related	Contact program supplier



<p>technical assistance for 1 year with implementation and fidelity issues) to assist people to conduct fidelity implementations and educate personnel in quality assurance procedures. For professional or volunteer staff who want to implement the CLFC Program with parents and youths; 5 to 10 days in length with 8 contact hours per day. Also available in Spanish</p>		<p>expenses for 2 Master Trainers</p>	
<p>Implementation Training Notebook, support for initial and ongoing replication/implementation of the CLFC Program and as support for quality assurance. For professional or volunteer staff who want to implement the CLFC Program with parents and youths</p>	<p>Optional</p>	<p>Included in the cost of training</p>	<p>Contact program supplier</p>
<p>Community Mobilization Manual, support for initial and ongoing replication/implementation of the CLFC Program and as support for quality assurance For professional or volunteer staff who want to implement the CLFC Program with parents and youths</p>	<p>Optional</p>	<p>Included in the cost of training</p>	<p>Contact program supplier</p>
<p>Fidelity Instrument, to support high fidelity replication/implementation and as a supplement to support ongoing implementation quality assurance For professional or volunteer supervisors who want staff to implement the CLFC Program with parents and youths</p>	<p>Optional</p>	<p>Free</p>	<p>Contact program supplier</p>
<p>CLFC Logic Model. For professional or volunteer supervisors and staff who want to implement the</p>	<p>Optional</p>	<p>Free</p>	<p>Contact program supplier</p>

CLFC Program with parents and youths			
CLFC Master Trainer Training. For professional or volunteer staff who are already certified as CLFC Implementation Trainers, who have demonstrable knowledge and skills in the CLFC Program and want to train other staff to implement the CLFC Program; for a minimum of 5 days with 8 contact hours per day	Optional	\$2,500 plus travel-related expenses	Contact program supplier
Standard CLFC Evaluation Kit with one of each of the Youth and Parent Surveys, Construct Definitions, and Psychometric Properties. For program evaluators; survey administration takes approximately 30 minutes.	Optional	\$300 plus shipping	Contact program supplier
CLFC Relationship Skills: Pre-Post Survey for Outcome Evaluation. For program evaluators, survey administration takes approximately 20 minutes.	Optional	\$99.99 plus shipping	Contact program supplier
CLFC Retrospective Evaluation Kit (Post Only Design). For program evaluators; survey administration takes approximately 20 minutes.	Optional	\$300 plus shipping	Contact program supplier
Building Healthy Individuals, Families, and Communities: Creating Lasting Connections; Describes the CLFC Program theory, sample exercises, research outcomes. For trained CLFC facilitators, supervisors, potential program participants, or other interested parties	Optional	\$25 plus shipping	Contact program supplier
Secrets to Successful Facilitation, a manual that supports people trained to facilitate CLFC in a variety	Optional	\$75 plus shipping	Contact program supplier

of ways. For trained CLFC facilitators or supervisors			
Additional Telephone or Onsite Technical Assistance. For trained CLFC facilitators or supervisors, varies in length (up to 10 hours included in the purchase of the CLFC Implementation Training)	Optional	Information not available	Contact program supplier
FAQs for the CLFC Program	Optional	Free	Contact program supplier
CLFC Prevention Specialist Job Description. For agency or organizational supervisors or team leaders	Optional	Free	Contact program supplier
Sample Interview Question for Hiring Staff. For agency or organizational supervisors or team leaders	Optional	Free	Contact program supplier
CLFC Implementation Options. For agency or organizational supervisors or team leaders	Optional	Free	Contact program supplier
<b>Dissemination Information</b>			
Building Healthy Individuals, Families, and Communities: Creating Lasting Connections book for trained CLFC facilitators, supervisors, potential program participants, or other interested entities	Optional	\$25 plus shipping	Contact program supplier
CLFC Information Packet. For anyone interested in implementing the CLFC program	Optional	Free	Contact program supplier
CLFC Training Assessment Survey.	Optional	Surveys are free; \$150 plus shipping for scoring and reports	Contact program supplier
Sample Interview Reports.	Optional	Free	Contact program supplier







For agency or organizational supervisors or team leaders			
Environmental Strategies Emerging in Communities with Science-Based Replications. For supervisors and staff who implement the CLFC Program	Optional	Free	Contact program supplier
Professional Testimonials. For supervisors and staff who are considering the CLFC Program	Optional	Free	Contact program supplier
For supervisors and staff who are considering the CLFC Program with parents and youths, and for potential participants during recruitment process	Optional	Free	Contact program supplier
The Original CLFC Program National Replication Sites. For supervisors and staff who are considering or implementing the CLFC Program	Optional	Free	Contact program supplier
List of Related Publications. For supervisors and staff who are considering or implementing the CLFC Program	Optional	Free	Contact program supplier
Sample Promotional Videos on Website. For supervisors and staff who are considering or implementing the CLFC Program	Optional	Free	Contact program supplier
Sample News Stories. For supervisors and staff who are considering or implementing the CLFC Program	Optional	Free	Contact program supplier
Sample TV Coverage from Across the Country. For supervisors and staff who are considering or	Optional	Free	Contact program supplier

implementing the CLFC Program			
Sample Press Releases. For supervisors and staff who are considering or implementing the CLFC Program	Optional	Free	Contact program supplier
Sample CLFC Program Recruitment Brochures. For supervisors and staff who are considering or implementing the CLFC Program	Optional	Free	Contact program supplier
Website for Additional Resources for Support for Implementation. For supervisors and staff who are considering or implementing the CLFC Program	Optional	Free	Contact program supplier

Program Profile Completed On 2/13/2017 2:19:58 PM

## Program Snapshot

### Evidence Ratings

-  Knowledge, Attitudes, and Beliefs About Substance Use
-  Receipt of Mental Health and/or Substance Use Treatment
-  Family Cohesion
-  Parenting Practices
-  Alcohol Use and Alcohol Use Disorder
-  General Substance Use

### Program Contact

**Ted N. Strader**  
**Program Developer**  
**502.583.6820**  
**tstrader@sprynet.com**

### Dissemination/Implementation Contact

**Teresa Boyd Strader, LCSW, CPS**  
**National Training Director**  
**502.897.1111**  
**teresastraderrfn@gmail.com**