**PROGRAM PROFILE TEMPLATE FOR:**
Creating Lasting Family Connections Fatherhood Program (CLFCFP)
March 2017 version

*Fields marked with an asterisk are required*

## Program Details

### Contact Information—FOR SNAPSHOT

<table>
<thead>
<tr>
<th>Program Developer Contact Information</th>
<th>Dissemination/Implementation Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Name</em></td>
<td><em>Name</em></td>
</tr>
<tr>
<td>Ted N. Strader</td>
<td>Teresa Boyd Strader, LCSW, CPS</td>
</tr>
<tr>
<td>Title</td>
<td>Title</td>
</tr>
<tr>
<td>Program Developer</td>
<td>National Training Director</td>
</tr>
<tr>
<td>Address</td>
<td>Address</td>
</tr>
<tr>
<td>845 Barret Avenue, Louisville, KY 40204</td>
<td>P.O. Box 6319, Louisville, KY 40206</td>
</tr>
<tr>
<td>Phone Number</td>
<td>Phone Number</td>
</tr>
<tr>
<td>502.583.6820</td>
<td>502.897.1111</td>
</tr>
<tr>
<td>Email</td>
<td>Email</td>
</tr>
<tr>
<td><a href="mailto:tstrader@sprynet.com">tstrader@sprynet.com</a></td>
<td><a href="mailto:teresastraderrfn@gmail.com">teresastraderrfn@gmail.com</a></td>
</tr>
<tr>
<td>Program Website</td>
<td>Website</td>
</tr>
<tr>
<td><a href="http://www.copes.org">www.copes.org</a></td>
<td><a href="http://www.myresilientfuturesnetwork.com">www.myresilientfuturesnetwork.com</a></td>
</tr>
</tbody>
</table>

### Other Program Details—FOR SNAPSHOT

<table>
<thead>
<tr>
<th>Program Type*</th>
<th>Implementation/Dissemination Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Mental health promotion</td>
<td>☒ Implementation materials available</td>
</tr>
<tr>
<td>☒ Mental health treatment</td>
<td>☒ Dissemination materials available</td>
</tr>
<tr>
<td>☐ Substance use disorder prevention</td>
<td></td>
</tr>
<tr>
<td>☒ Substance use disorder treatment</td>
<td></td>
</tr>
<tr>
<td>☐ Co-occurring disorders</td>
<td></td>
</tr>
</tbody>
</table>

### Demographics and Geography for Studies Reviewed—FOR SNAPSHOT

<table>
<thead>
<tr>
<th>Age Category*</th>
<th>Gender*</th>
<th>Race/Ethnicity*</th>
<th>Geographical Setting</th>
<th>Delivery Setting*</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ 0-5</td>
<td>☐ Male</td>
<td>☐ American Indian/Alaska Native</td>
<td>☒ Urban</td>
<td>☐ Correctional setting</td>
</tr>
<tr>
<td>☐ 6-12</td>
<td>☐ Female</td>
<td>☐ Asian/Pacific Islander</td>
<td>☒ Suburban</td>
<td>☐ Court</td>
</tr>
<tr>
<td>☐ 13-17</td>
<td>☐ Transgender</td>
<td>☐ Black</td>
<td>☒ Rural and/or frontier</td>
<td>☐ Home</td>
</tr>
<tr>
<td>☐ 18-25</td>
<td>☐ Information not provided</td>
<td>☐ Hispanic</td>
<td>☐ Tribal</td>
<td>☐ Hospital/medical center</td>
</tr>
<tr>
<td>☐ 26-55</td>
<td>☐ Information not provided</td>
<td>☐ White</td>
<td>☐ Non-US</td>
<td>☐ Mental health treatment center</td>
</tr>
<tr>
<td>☐ 55+</td>
<td>☐ Information not provided</td>
<td>☐ Other</td>
<td>☐ Information not provided</td>
<td>☐ Outpatient facility</td>
</tr>
<tr>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Residential facility</td>
<td></td>
</tr>
<tr>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ School/classroom</td>
<td></td>
</tr>
<tr>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Substance abuse treatment center</td>
<td></td>
</tr>
<tr>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ University</td>
<td></td>
</tr>
<tr>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Workplace</td>
<td></td>
</tr>
<tr>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Other (include computer/internet-based programs here, if they don’t clearly fit elsewhere)</td>
<td></td>
</tr>
<tr>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td>☐ Information not provided</td>
<td></td>
</tr>
</tbody>
</table>
### Special Populations
(either target of program, or majority of population in one reviewed study)

- ☐ Co-occurring disorders
- ☒ Couples
- ☒ Families
- ☐ Homeless or runaway
- ☐ Immigrant/refugee
- ☒ In-home language use (other than English)
- ☒ Justice-involved adults
- ☒ Justice-involved youth
- ☒ Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ) ITS (Intersexual)
- ☒ Low-income
- ☒ Military or veteran
- ☐ Non-English speaking
- ☐ Older adults
- ☐ Populations affected by Serious Mental Illness (SMI)
- ☒ Populations affected by Emotional Disturbance (ED)
- ☐ Practitioners
- ☒ Suicidal
- ☒ Transition-aged youth
- ☐ Tribal or American Indian or Alaska Native
- ☒ Victims of trauma or violence
- ☐ Youth in or transitioning out of foster care

### Program Components
*FOR SNAPSHOT*

#### Prevention/Promotion/Treatment:
- ☐ Academic skills enhancement
- ☒ Drug or alcohol education
- ☒ Family support
- ☐ Media literacy or education
- ☐ Media campaign
- ☒ Parent management training
- ☒ Social skills/life skills training
- ☒ Stress management
- ☐ Youth mentoring
- ☐ Other

#### Treatment:
- ☒ Behavior modification or management
- ☒ Case management
- ☒ Cognitive-behavioral treatment
- ☐ Crisis services
- ☐ Family counseling or therapy
- ☐ Group counseling or therapy
- ☐ Home visiting
- ☐ Individual counseling or therapy
- ☐ Medication management
- ☒ Motivational Interviewing
- ☒ Wraparound
- ☐ Other

#### Other:
- ☒ Community mobilization or advocacy
- ☒ Diversion
- ☐ Occupational therapy
- ☒ Peer support
- ☒ Re-entry
- ☐ Vocational or job training
- ☐ Other
Program Description*

The Creating Lasting Family Connections Fatherhood Program: Family Reintegration (CLFCFP) is designed for individuals in current or future paternal roles who are experiencing or at risk for family dissonance resulting from their physical and/or emotional separation (e.g., incarceration, substance use, military service).

Based on social–learning theory and on moderating risk and enhancing protective factors, CLFCFP is designed to modify the attitudes of participants and help them to 1) strengthen families and establish strong family harmony, 2) enhance parenting skills for intergenerational prevention, and 3) minimize the likelihood of further personal problems for all family members (e.g., substance use, violence, risky sexual behavior, prison recidivism).

Two certified trainers implement the program with a group of 8 to 20 participants during 2-hour sessions that are held weekly or twice weekly over 8 to 20 weeks, for a total (including an optional module) of 16 to 20 sessions. Case management is a critical component of CLFCFP, and program implementers are strongly encouraged to link participants to any needed support services in the community. The program consists of the following three standard modules and one optional module:

1. Developing Positive Parental Influences is intended for participants who are interested in positively influencing youth. Participants develop a greater awareness about chemical use and dependency, review effective approaches to prevention, and develop a practical understanding of intervention. This module includes an in-depth look at the dynamics of chemical dependency and its impact on marriages and families.

2. Raising Resilient Youth helps participants in raising youth who can withstand life challenges and social and environmental pressures. Participants learn and practice effective communication skills with their families, including listening to and validating others’ thoughts and feelings. Participants also enhance their ability to develop and implement expectations and consequences with others, including spouses, coworkers, friends, and children.

3. Getting Real examines verbal and nonverbal communication. Participants receive personalized coaching on effective communication, including speaking with confidence and sensitivity, listening to and validating others, sharing feelings, and matching body language with verbal messages. This module promotes self-awareness and mutual respect while helping participants combine thoughts, feelings, and behavior to generate powerful and meaningful messages to others.

4. ABC 3(D) Approach to HIV, Hepatitis, and Other Sexually Transmitted Diseases Prevention is an optional module that describes the primary modes of transmission of these diseases. The module concludes with a discussion of effective preventive measures to reduce or eliminate the risk of infection.

Program Versions

Other versions of this program on NREPP include: Creating Lasting Family Connections (CLFC), Creating Lasting Family Connections Marriage Enhancement Program (CLFCMEP).

Program Summary*

- This program is designed for individuals in current or future paternal roles who are experiencing or at risk for family dissonance, resulting from their physical and/or emotional separation (e.g., incarceration, substance use, military service).
- This program was rated effective for improving social connectedness; for improving social competence; for improving self-concept; and for reducing criminal and delinquent behavior. This program was rated promising for improving family cohesion; for improving spiritual health; for reducing general substance use; for reducing alcohol use and disorders; for reducing tobacco use and disorders; for reducing cannabis use and disorders; for improving knowledge, attitudes, and beliefs about substance use; and for improving knowledge, attitudes, and beliefs about health-related factors. This program was rated ineffective for reducing health-risk behaviors.

Evaluation Findings by Outcome

Outcome #1: Social Connectedness

<table>
<thead>
<tr>
<th>Outcome Tags</th>
<th>For Snapshot</th>
</tr>
</thead>
</table>
### Outcome #2: Social Competence

**Outcome Tags**

<table>
<thead>
<tr>
<th>Evidence Rating*</th>
<th>☑ Effective</th>
<th>☐ Promising</th>
<th>☐ Ineffective</th>
</tr>
</thead>
<tbody>
<tr>
<td>Effect Size*</td>
<td>.87</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lower Confidence Limit*</td>
<td>.77</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Upper Confidence Limit*</td>
<td>.97</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**For Profile Text**

**Program Effects Across All Studies***

This program is effective for improving social competence. The review of the program yielded strong evidence of a favorable effect. Based on one study and six measures, the average effect size for social competence is .87 (95% CI: .77, .97).

**Click here** to find out what other programs have found about the average effect sizes for this outcome.

**Key Study Findings***

From pretest to posttest, participants in the intervention group demonstrated a statistically significant improvement in their communication skills, conflict resolution skills, emotional awareness, emotional expression, interpersonal skills, and relationship management skills, compared with participants in the comparison group (McKiernan et al., 2013).

**Measures Used***

McKiernan et al. (2013): Measures developed for this study based on previously developed scales to assess communication and conflict resolution skills, emotional awareness and expression, interpersonal skills, and relationship management skills.

**Additional Details**

None provided.
### Outcome #4: Criminal and Delinquent Behavior

**Outcome Tags**

- ☒ Effective
- ☐ Promising
- ☐ Ineffective

**Evidence Rating**

- ☒ Effective

**Effect Size**

- 0.62

**Lower Confidence Limit**

- 0.29

**Upper Confidence Limit**

- 0.95

**Program Effects Across All Studies**

This program is **effective** for reducing criminal and delinquent behavior. The review of the program yielded strong evidence of a favorable effect.

Based on two studies and two measures, the average effect size for criminal and delinquent behavior is 0.62 (95% CI: 0.29, 0.95).

**Key Study Findings**

At the posttest assessment, participants in the comparison group were 3.7 (Study 1) and 2.9 (Study 2) times more likely to recidivate, compared with the intervention group. These differences were statistically significant (McKiernan et al., 2013).

**Measures Used**

McKiernan et al. (2013): Department of Corrections administrative data were used for both studies

**Additional Details**

None provided.

### Outcome #5: Family Cohesion

**Outcome Tags**

- ☐ Effective
- ☒ Promising
- ☐ Ineffective

**Evidence Rating**

- ☒ Promising

**Effect Size**

- 0.18

**Lower Confidence Limit**

- -0.09

**Upper Confidence Limit**

- 0.45

**Program Effects Across All Studies**

This program is **promising** for improving family cohesion. The review of the program yielded sufficient evidence of a favorable effect.

Based on one study and one measure, the effect size for family cohesion is 0.18 (95% CI: -
Key Study Findings* From pretest to posttest, participants in the intervention group demonstrated a statistically significant increase in sense of family attachment, compared with participants in the comparison group (McKiernan et al., 2013).

Measures Used* McKiernan et al. (2013): Six items developed for this research to assess whether there was a strong sense of attachment in the participant’s family

Additional Details None provided.

### Outcome #6: Spiritual Health

<table>
<thead>
<tr>
<th>Outcome Tags</th>
<th>For Snapshot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evidence Rating*</td>
<td>☑ Promising</td>
</tr>
<tr>
<td>Effect Size*</td>
<td>.32</td>
</tr>
<tr>
<td>Lower Confidence Limit*</td>
<td>.05</td>
</tr>
<tr>
<td>Upper Confidence Limit*</td>
<td>.59</td>
</tr>
</tbody>
</table>

**Program Effects Across All Studies*** This program is promising for improving spiritual health. The review of the program yielded sufficient evidence of a favorable effect.

Based on one study and one measure, the effect size for spiritual health is .32 (95% CI: .05, .59).

*Click here* to find out what other programs have found about the average effect sizes for this outcome.

### Key Study Findings*

From pretest to posttest, participants in the intervention group demonstrated a statistically significant increase in spirituality, compared with participants in the comparison group (McKiernan et al., 2013).

### Measures Used*

McKiernan et al. (2013): Four items developed for this research to assess the spiritual or religious level of the participant

### Additional Details

None provided.

### Outcome #7: General Substance Use

<table>
<thead>
<tr>
<th>Outcome Tags</th>
<th>For Snapshot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evidence Rating*</td>
<td>☑ Promising</td>
</tr>
<tr>
<td>Effect Size*</td>
<td>.23</td>
</tr>
<tr>
<td>Lower Confidence Limit*</td>
<td>-.04</td>
</tr>
<tr>
<td>Upper Confidence Limit*</td>
<td>.50</td>
</tr>
</tbody>
</table>

**Program Effects Across All Studies*** This program is promising for reducing general substance use. The review of the program yielded sufficient evidence of a favorable effect.

Based on one study and one measure, the effect size for general substance use is .23 (95% CI: -.04, .50).

*Click here* to find out what other programs have found about the average effect sizes for this outcome.

### Key Study Findings*

From pretest to posttest, the number of days using other illegal drugs in the past 30 days remained relatively stable for intervention participants, while comparison participants showed an increase in days using other illegal drugs. This difference was statistically significant (McKiernan et al., 2013).
Measures Used*  McKiernan et al. (2013): One item inquiring about other illegal drug use in the past 30 days

Additional Details  None provided.

Outcome #8: Alcohol Use and Disorders

Outcome Tags  

Evidence Rating*  ☑ Promising  ☐ Effective  ☐ Ineffective

Effect Size*  .06  
Lower Confidence Limit*  - .13  
Upper Confidence Limit*  .25

For Profile Text  

Program Effects Across All Studies*  This program is promising for reducing alcohol use and disorders. The review of the program yielded sufficient evidence of a favorable effect.

Based on one study and two measures, the average effect size for alcohol use and disorders is .06 (95% CI: - .13, .25).

Click here to find out what other programs have found about the average effect sizes for this outcome.

Key Study Findings*  From pretest to posttest, both groups showed increases in the number of days using alcohol and the number of days drunk in the past 30 days; however, the comparison participants showed greater increases. These differences were statistically significant (McKiernan et al., 2013).

Measures Used*  McKiernan et al. (2013): Two items inquiring about alcohol use and drunkenness in the past 30 days

Additional Details  None provided.

Outcome #9: Tobacco Use and Disorders

Outcome Tags  

Evidence Rating*  ☑ Promising  ☐ Effective  ☐ Ineffective

Effect Size*  .11  
Lower Confidence Limit*  - .09  
Upper Confidence Limit*  .31

For Profile Text  

Program Effects Across All Studies*  This program is promising for reducing tobacco use and disorders. The review of the program yielded sufficient evidence of a favorable effect.

Based on one study and two measures, the average effect size for tobacco use and disorders is .11 (95% CI: - .09, .31).

Click here to find out what other programs have found about the average effect sizes for this outcome.

Key Study Findings*  From pretest to posttest, both groups decreased the number of days they had used cigarettes in the past 30 days; however, intervention participants showed a greater decrease. This difference was statistically significant (McKiernan et al., 2013).

From pretest to posttest, intervention group participants decreased their use of other tobacco products, while comparison group participants increased their use of other tobacco products. This difference was statistically significant (McKiernan et al., 2013).

Measures Used*  McKiernan et al. (2013): Two items inquiring about cigarette and other tobacco use in the past 30 days

Additional Details  None provided.
### Outcome #10: Cannabis Use and Disorders

<table>
<thead>
<tr>
<th>Outcome Tags</th>
<th>For Snapshot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evidence Rating*</td>
<td>☑ Effective  ☒ Promising  ☐ Ineffective</td>
</tr>
<tr>
<td>Effect Size*</td>
<td>.30</td>
</tr>
<tr>
<td>Lower Confidence Limit*</td>
<td>.03</td>
</tr>
<tr>
<td>Upper Confidence Limit*</td>
<td>.57</td>
</tr>
</tbody>
</table>

**For Profile Text**

**Program Effects Across All Studies***: This program is promising for reducing cannabis use and disorders. The review of the program yielded sufficient evidence of a favorable effect.

Based on one study and one measure, the effect size for cannabis use and disorders is .30 (95% CI: .03, .57).

*Click here* to find out what other programs have found about the average effect sizes for this outcome.

**Key Study Findings***: From pretest to posttest, intervention group participants decreased their use of marijuana, while comparison group participants increased their use. This difference was statistically significant (McKiernan et al., 2013).

**Measures Used***: McKiernan et al. (2013): One item inquiring about marijuana use in the past 30 days

**Additional Details**: None provided.

---

### Outcome #11: Knowledge, Attitudes, and Beliefs About Substance Use

<table>
<thead>
<tr>
<th>Outcome Tags</th>
<th>For Snapshot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evidence Rating*</td>
<td>☑ Effective  ☒ Promising  ☐ Ineffective</td>
</tr>
<tr>
<td>Effect Size*</td>
<td>.09</td>
</tr>
<tr>
<td>Lower Confidence Limit*</td>
<td>-.18</td>
</tr>
<tr>
<td>Upper Confidence Limit*</td>
<td>.36</td>
</tr>
</tbody>
</table>

**For Profile Text**

**Program Effects Across All Studies***: This program is promising for improving knowledge, attitudes, and beliefs about substance use. The review of the program yielded sufficient evidence of a favorable effect.

Based on one study and one measure, the effect size for knowledge, attitudes, and beliefs about substance use is .09 (95% CI: -.18, .36).

*Click here* to find out what other programs have found about the average effect sizes for this outcome.

**Key Study Findings***: From pretest to posttest, participants in the intervention group reported a statistically significant increase in the degree to which they thought people would risk harming themselves by a moderate amount of substance use, compared with participants in the comparison group (McKiernan et al., 2013).

**Measures Used***: McKiernan et al. (2013): Three items developed for this research to assess the degree to which participants thought people would risk harming themselves by engaging in a moderate level of cigarette, alcohol, and marijuana use

**Additional Details**: None provided.

---

### Outcome #12: Knowledge, Attitudes, and Beliefs About Health-Related Factors

<table>
<thead>
<tr>
<th>Outcome Tags</th>
<th>For Snapshot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evidence Rating*</td>
<td>☑ Effective  ☒ Promising  ☐ Ineffective</td>
</tr>
</tbody>
</table>
### For Profile Text

#### Program Effects Across All Studies*

<table>
<thead>
<tr>
<th>Effect Size*</th>
<th>0.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lower Confidence Limit*</td>
<td>-0.19</td>
</tr>
<tr>
<td>Upper Confidence Limit*</td>
<td>0.19</td>
</tr>
</tbody>
</table>

This program is **promising** for improving knowledge, attitudes, and beliefs about health-related factors. The review of the program yielded sufficient evidence of a favorable effect.

Based on one study and two measures, the average effect size for knowledge, attitudes, and beliefs about health-related factors is **0.00** (95% CI: **-0.19, 0.19**).

**Click here** to find out what other programs have found about the average effect sizes for this outcome.

#### Key Study Findings*

From pretest to posttest, participants in the intervention group reported a statistically significant increase in the degree to which they thought people would risk harming themselves by engaging in risky sexual behavior, compared with participants in the comparison group. However, the comparison group participants showed a statistically significant increase in asserting their opinion in sexual situations, compared with the intervention group (McKiernan et al., 2013).

#### Measures Used*

McKiernan et al. (2013): Three items developed for this research to assess the degree to which participants thought people would risk harming themselves by engaging in risky sexual behaviors (e.g., sharing non-sanitized needles); Six items developed for this research to assess participants’ comfort in asserting their opinion in sexual situations (e.g., refused to engage in sex practices they did not like).

#### Additional Details

None provided.

---

### Outcome #13: Health-Risk Behaviors

#### Outcome Tags

**For Snapshot**

- [ ] Effective
- [X] Promising
- [ ] Ineffective

#### Effect Size*

-0.06

#### Lower Confidence Limit*  
-0.25

#### Upper Confidence Limit*  
0.13

---

#### Program Effects Across All Studies*

This program is **ineffective** for reducing health-risk behaviors. The review of the program yielded sufficient evidence of a negligible effect.

Based on one study and two measures, the average effect size for health-risk behaviors is **-0.06** (95% CI: **-0.25, 0.13**).

**Click here** to find out what other programs have found about the average effect sizes for this outcome.

#### Key Study Findings*

From pretest to posttest, intervention group participants reported an increase in unprotected sex but a decrease in risky sexual behaviors, compared with comparison group participants (McKiernan et al., 2013).

#### Measures Used*

McKiernan et al. (2013): Three items developed for this research to assess whether participants had unprotected oral, vaginal, or anal sex the last time they engaged in sexual activities; Five items to assess whether a risky sexual behavior (e.g., unprotected sex with an injection drug user) had occurred in the past 3 months

#### Additional Details

None provided.

---

### Study Evaluation Methodology

**Study 1 and Study 2: McKiernan et al. (2013)**
Two studies were described in this article, both of which examined the effects of the intervention on individuals recently released from incarceration. The first study examined antisocial behavior and recidivism, and the second study examined relationship skills and recidivism.

In both studies, participants were recently released from prison in Kentucky between 2006 and 2010. Participants were assigned to the intervention and comparison conditions using a semi-random process. However, due to assignment not being completely random (i.e., every participant did not have an equal probability of being assigned to the intervention or comparison condition), this study is considered a quasi-experimental design.

A survey was administered to all participants at baseline, exit, and follow up. All participants were informed that 1) their participation in the survey was voluntary and their decision to not complete the survey would not affect their participation, and 2) their responses were anonymous and would not be shared, except in aggregate form for reporting purposes.

The participants for the first study were 345 individuals (and their families) recently reentering the community after incarceration. There were 249 in the intervention group and 96 in the comparison group. The participants were predominately male (77%) with an average age of 36 years. About half of the participants were African American (53%).

The participants for the second study were 500 men, with 387 in the intervention group and 113 in the comparison group. The average age of participants was 34 years; they were predominately white (62%) or African American (36%).

Between-group differences at baseline were not presented for either study.

References


Supplemental and Cited Documents


Other Studies

None provided.

Resources for Dissemination and Implementation

Implementation/Training and Technical Assistance Information

Individuals with previous experience or backgrounds as certified prevention specialists, certified ATOD counselors, non-certified individuals in recovery, or individuals with prior histories of incarceration or familial separation are eligible to complete the training to deliver the program. To become certified to implement the program, participants must complete
the CLFC Fatherhood Program Implementation Training, which takes place in groups of 6 to 18. A national certification and training system, consisting of national consultants who train implementing agency or organizational staff or volunteers, certify qualified individuals as CLFC Fatherhood Program Implementation Trainers.

Training and implementation materials are available to be shipped to purchasing agencies and are available on the websites: www.copes.org; www.myresilientfuturesnetwork.com

(see Implementation Table below).

CLFC Fatherhood Program Master Trainer Training is also offered to individuals within agencies or systems who have already received CLFC Fatherhood Program Implementation Training certification, who have experience implementing the program in the community, and who have demonstrated positive results in their local program implementation. The CLFC Program Developer and/or the National Training Director are available weekdays for telephone consultation regarding implementation and training needs or to answer general questions.

CLFCFP was first implemented in 2006 in two federally funded and evaluated projects: The Connect-Immunity Project and the Jefferson County Fatherhood Initiative. According to the program developer, the CLFCFP has been implemented in approximately 50 sites in five states across the country.

Dissemination Information
A collection of marketing materials for different populations, including a brochure, and written and video testimonials, are available from the websites: www.copes.org; www.myresilientfuturesnetwork.com

Summary Table of RFDI Materials

<table>
<thead>
<tr>
<th>Description of item</th>
<th>Required or optional</th>
<th>Cost</th>
<th>Where obtained (e.g., URL, from program supplier)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Implementation Information</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trainer manuals, For certified facilitators and supervisors, Delivered during the in-person training (each of the three standard modules (Raising Resilient Youth, Getting Real, Developing Positive Parental Influences) is 5 to 6 sessions and the fourth module (ABC 3 D Approach to HIV, Hepatitis and Other Sexually Transmitted Diseases), is 2 to 3 sessions) and for ongoing fidelity replication/implementation of the program, Also available in Spanish</td>
<td>Required</td>
<td>Included in CLFC Fatherhood Program Package, $1,125 plus shipping</td>
<td>Contact the program supplier, Resilient Futures Network, LLC: Teresa Boyd Strader <a href="mailto:teresastraderrfn@gmail.com">teresastraderrfn@gmail.com</a> Or visit <a href="http://www.copes.org">www.copes.org</a> <a href="http://www.myresilientfuturesnetwork.com">www.myresilientfuturesnetwork.com</a></td>
</tr>
<tr>
<td>Set of 25 participant notebooks for all 4 modules, (Raising Resilient Youth, Getting Real, Developing Positive Parental Influences, ABC 3 D Approach to HIV, Hepatitis and Other Sexually Transmitted Diseases) For certified facilitators, supervisors, and program participants, Delivered during the in-person program, (each of the three standard modules is 5 to 6 sessions and the fourth module, ABC 3 D Approach to HIV, Hepatitis and Other Sexually Transmitted Diseases, is 2 to 3 sessions), Also available in Spanish</td>
<td>Required</td>
<td>Included in CLFC Fatherhood Program Package, $1,125 plus shipping</td>
<td>Contact the program supplier</td>
</tr>
<tr>
<td>Item</td>
<td>Requirement</td>
<td>Included in Package</td>
<td>Contact Information</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>-------------</td>
<td>---------------------</td>
<td>---------------------</td>
</tr>
<tr>
<td>Poster sets for three modules, (Raising Resilient Youth, Getting Real, Developing Positive Parental Influences)</td>
<td>Required</td>
<td>Included in CLFC Fatherhood Program Package, $1,125 plus shipping</td>
<td>Contact the program supplier</td>
</tr>
<tr>
<td>For certified facilitators and supervisors, Delivered during the in-person training (each of the three standard modules is 5 to 6 sessions and the fourth module (ABC 3 D Approach to HIV, Hepatitis and Other Sexually Transmitted Diseases) is 2 to 3 sessions, Only available in a complete package or in each individual module kit, Also available in Spanish</td>
<td>Required</td>
<td>Included in CLFC Fatherhood Program Package, $1,125 plus shipping</td>
<td>Contact the program supplier</td>
</tr>
<tr>
<td>Individually for $99 plus shipping</td>
<td>Contact the program supplier</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CLFC Fatherhood Program: Adaptation Guidebook, For certified facilitators and supervisors, Delivered during the in-person training (each of the three standard modules is 5 to 6 sessions and the optional fourth module, is 2 to 3 sessions), or for trained and certified CLFC Fatherhood Program facilitators, supervisors, potential program participants, or other interested parties, Also available in Spanish</td>
<td>Required for facilitators, optional for potential program participants or other interested parties</td>
<td>Included in CLFC Fatherhood Program Package, $1,125 plus shipping</td>
<td>Contact the program supplier</td>
</tr>
<tr>
<td>Individually for $30 plus shipping</td>
<td>Contact the program supplier</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&quot;Optional&quot; Joint Intervention Meeting (JIM) Guide, For certified facilitators and supervisors, Delivered during the in-person training (each of the three standard modules is 5 to 6 sessions and the optional fourth module, is 2 to 3 sessions), Also available in Spanish</td>
<td>Required</td>
<td>Included in CLFC Fatherhood Program Package, $1,125 plus shipping</td>
<td>Contact the program supplier</td>
</tr>
<tr>
<td>CLFC Secrets to Successful Facilitation, For trained and certified facilitators and supervisors, Delivered during the in-person training (each of the three standard modules is 5 to 6 sessions and the optional fourth module, is 2 to 3 sessions), or for potential program participants or other interested parties, Also available in Spanish</td>
<td>Required for facilitators, supervisors, optional for potential program participants or other interested parties</td>
<td>Included in CLFC Fatherhood Program Package, $1,125 plus shipping</td>
<td>Contact the program supplier</td>
</tr>
<tr>
<td>Individually for $75 plus shipping</td>
<td>Contact the program supplier</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CLFC Fatherhood Program: Fidelity Package, For certified facilitators and supervisors, Delivered during the in-person implementation training (each of the three standard modules is 5 to 6 sessions and the fourth module, is 2 to 3 sessions), or for professional or volunteer staff who want to be trained</td>
<td>Required for trainers delivering the training, optional for people interested in taking the training</td>
<td>Included in CLFC Fatherhood Program Package, $1,125 plus shipping</td>
<td>Contact the program supplier</td>
</tr>
<tr>
<td>Service Description</td>
<td>Requirement/Cost</td>
<td>Contact Information</td>
<td></td>
</tr>
<tr>
<td>-----------------------------------------------------------------------------------</td>
<td>----------------------------------------</td>
<td>-------------------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td><strong>CLFC Fatherhood Program: Survey Kit for Outcome Evaluation</strong>, delivered during in-person training (each of the three standard modules is 5 to 6 sessions and the optional fourth module, is 2 to 3 sessions), for program evaluators, Administration takes 20 minutes, Also available in Spanish</td>
<td>Required for trainers delivering the training, optional for people interested in taking the training</td>
<td>Contact the program supplier</td>
<td></td>
</tr>
<tr>
<td><strong>CLFC Fatherhood Program: Retrospective Survey Kit</strong>, delivered during in-person implementation training (each of the three standard modules is 5 to 6 sessions and the optional fourth module, is 2 to 3 sessions), or for program evaluators, administration takes 20 minutes, Also available in Spanish</td>
<td>Required for trainers delivering the training, optional for program evaluators</td>
<td>Contact the program supplier</td>
<td></td>
</tr>
<tr>
<td><strong>Replacement Module Kits</strong>, Also available individually for all four modules and include trainer manual and 25 participant notebooks, For certified facilitators and supervisors and participants during in-person training (each of the three standard modules is 5 to 6 sessions and the optional fourth module, is 2 to 3 sessions), Three out of four of the modules also include a poster set (Raising Resilient Youth, Getting Real, Developing Positive Parental Influences), Also available in Spanish.</td>
<td>Optional</td>
<td>Contact the program supplier</td>
<td></td>
</tr>
<tr>
<td><strong>CLFC DVD Series</strong>, includes the following 5 DVDS: Getting Real: It Takes Two to Know You; Getting Real: Role-plays with Adults with Trainer Notes; The Intoxication Curve; High, Drunk or State of Mind; Problem Drinking or Alcoholism, For certified facilitators and supervisors, participants, and for ongoing staff training and support, Delivered during in-person training and staff training, Each video varies in length from 17 to 65 minutes</td>
<td>Strongly recommended</td>
<td>Contact the program supplier</td>
<td></td>
</tr>
<tr>
<td><strong>Off-site CLFC Fatherhood Program Implementation Training</strong> (includes limited on-going technical assistance for 1 year with implementation and fidelity issues), For professional or volunteer staff who want to implement the program, Delivered during in person, 6- to 9-day, implementation training in Louisville, Kentucky (includes national training and certification system materials, implementation training guide, program fidelity package, and up to One implementation session is required</td>
<td>One implementation session is required</td>
<td>Contact the program supplier</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Costs:**
- **Included in CLFC Fatherhood Program Package,** $1,125 plus shipping
- **Individually for $149 plus shipping**

Individual videos range in price from $100 to $114 each plus shipping.

**Contact Information:**
- **Contact the program supplier**
### Implementation Training Guide

**Customized Onsite** CLFC Fatherhood Program Implementation Training also available in client’s setting

<table>
<thead>
<tr>
<th>Required</th>
<th>Included in cost of Implementation Training</th>
<th>Contact the program supplier</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Additional telephone or onsite technical assistance

For certified facilitators and supervisors, Delivered by telephone or in person for various durations (up to 10 hours)

<table>
<thead>
<tr>
<th>Optional</th>
<th>Up to 10 hours included in cost of Implementation Training</th>
<th>Contact the program supplier</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Master Trainer Training

For professional or volunteer staff who are already certified as Implementation Trainers or who are interested in training other staff to implement the program, Delivered in-person during nine, 8-hour days, in Louisville, Kentucky, or onsite

<table>
<thead>
<tr>
<th>Optional</th>
<th>$3,500 per participant (maximum of 18 participants)</th>
<th>Prices negotiable for larger numbers of participants</th>
<th>Contact the program supplier</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Building Healthy Individuals, Families, and Communities: Creating Lasting Connections

Describes the CLFC Program theory, sample exercises, research outcomes, etc. For professional or volunteer staff who want to implement the program and other interested people

<table>
<thead>
<tr>
<th>Optional</th>
<th>$25 plus shipping</th>
<th>Contact the program supplier</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Dissemination Information

**CLFC National Training System**

Description, For agency or organizational supervisors or team leaders

<table>
<thead>
<tr>
<th>Optional</th>
<th>Free</th>
<th>Contact the program supplier</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**CLFC Fatherhood Program**


**Website**, for supervisors and staff considering or implementing the program and other interested people

<table>
<thead>
<tr>
<th>Optional</th>
<th>Free</th>
<th>Contact the program supplier</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Visit:**

**CLFC Fatherhood Program Page** ([http://copes.org/recommen](http://copes.org/recommen))
<table>
<thead>
<tr>
<th>Resource Description</th>
<th>Availability</th>
<th>Cost</th>
<th>URL</th>
</tr>
</thead>
</table>

*Process for Reviewing, Selecting and Implementing the CLFC Fatherhood Program* ([http://copes.org/overview-clfc-fatherhood-program-modules/](http://copes.org/overview-clfc-fatherhood-program-modules/))


*CLFC Fatherhood Program Products* ([http://copes.org/products/](http://copes.org/products/))

*National Criminal Justice Association* *Justice Bulletin* article:

*Date profile completed: 7/10/2017*