

Creating Lasting Family Connections® Fatherhood Program: Family Reintegration

Fidelity Package

- Evidence-based
- Family Tested
- Listed on the National Registry of Evidence-based Programs & Practices (NREPP)

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Awards

The *Creating Lasting Family Connections® Curriculum Series* has received the following recognition:

- In 2010 the *Creating Lasting Family Connections®* program was recognized as an **unprecedented fourth time** recipient of the **Exemplary Program Award** from the **National Prevention Network (NPN)** and the **National Association of State Alcohol/Drug Abuse Directors (NASADAD)** (1995, 1999, 2000 and 2010).
- In 2010 the *Creating Lasting Family Connections®* program was again listed as a **Model Program** by the **National Dropout Prevention Center/Network** sponsored by Clemson University.
- In 2009 the *Creating Lasting Family Connections®* program was identified as a **Promising Fatherhood Program** in the Administration for Children and Families' Responsible Fatherhood Initiative.
- ❖ In 2007 the *Creating Lasting Family Connections®* program was listed on the **National Registry of Evidence-based Programs and Practices (NREPP)**.
- In 2006 the *Creating Lasting Family Connections®* program was **reconfirmed** as an **effective substance abuse and violence prevention curriculum** by the **Office of Juvenile Justice and Delinquency Prevention**.
- In 2002 *Creating Lasting Family Connections®* was chosen as a **Model Program** by **Substance Abuse and Mental Health Services Administration**, U.S. Department of Health & Human Services.
- In 2001 COPES and the *Creating Lasting Family Connections®* program received a **Special Recognition Award** from the **Executive Office of the President's Office of National Drug Control Policy**.
- In 2001 *Creating Lasting Family Connections®* received the U.S. Department of Education's **Certificate of Recognition** as a **Promising Program for Safe, Disciplined and Drug-Free Schools**.

***CREATING LASTING FAMILY CONNECTIONS® FATHERHOOD PROGRAM:
FAMILY REINTEGRATION***

PROGRAM FIDELITY PACKAGE

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Creating Lasting Family Connections® (CLFC) Fatherhood Program: Family Reintegration

Fidelity Instrument

The use of this fidelity instrument assumes that the “stage has been set”—that the community context has been assessed, the “readiness” (developmental stage) of the community has been identified and that the community wants the intervention.

I = Ideal

A = Acceptable

U = Unacceptable

Recruitment

1. Participant Recruitment

- I Participants are recruited based on some grouping other than simple geographical proximity and already engage in shared activities, common experiences and/or social interaction.
- A Participants are recruited based on some common characteristics other than geographical proximity.
- U Participants are recruited based on geography such as neighborhoods, precincts or census tracts only.

Organizational Setting

1. Organization Leadership

- I Leadership is fully supportive of the program, provides needed resources and ensures appropriate program fit with other existing programs in the organization.
- A Leadership is supportive of program and allows flexibility in program functioning.
- U Leadership is not supportive and does not ensure program consistency or incorporation into existing programs.

2. Organization Philosophy

- I Organization is committed to fathers and families, has a strong focus on prevention and family strengthening, and provides a father-friendly environment.
- A Organization is committed to fathers and families and provides a father-friendly environment.
- U Organization is not committed to fathers and families with a focus on prevention or does not provide a father-friendly environment.

3. Organization Commitment

- I Program is fully incorporated into organization’s strategic and operating plan; staff expectations and all needed resources are provided.
- A All required program resources are provided.
- U Program is not incorporated into organization’s strategic and operating plan and required resources are not provided.

4. Cooperating Organization (for recruitment)

- I Recruiting organization already has established times for social, recreational or related activities with potential program participants around which to establish a recruitment plan.

- A Recruiting organization can organize for social, recreational or related activities for fathers as a component of a recruitment plan.
- U Recruiting organization can not schedule times for social, recreational or related activities for fathers around which to establish a recruitment plan.

Target Population

1. Age of targeted fathers
 - I Targeted fathers are 18 years of age or older.
 - U Targeted fathers include those less than 18 years of age.
2. Target population focus
 - I Project focuses on targeted adult male fathers and their families.
 - U Project does not focus on adult male fathers.
3. Environmental characteristics of targeted participants
 - I Targeted adult males who may have experienced recovery from substance abuse, incarceration, military service or any other form of physical or emotional separation.
 - A Targeted participants include any fathers who express interest in improving fatherhood skills.
 - U Targeted participants do not include an adult male member who may have experienced recovery from substance abuse, incarceration, military service or any other form of physical or emotional separation, and men who have not expressed an interest in improving fatherhood skills.

Recruitment of Target Participants

1. Recruitment planning
 - I A recruitment plan with a set of clearly delineated tasks and activities and time frame for implementation is created.
 - A A recruitment plan is created and does not include clearly delineated tasks and activities and a time frame for implementation.
 - U No recruitment plan is created.
2. Recruitment efforts
 - I Recruitment efforts include a variety of strategies, such as: recruitment flyers, informational meetings, advertising in bulletins and newsletters, telephone contact and contact during social events.
 - A Recruitment efforts include a limited number of strategies.
 - U No specific recruitment efforts are made.

Retention

1. Retention features
 - I All four potential retention features are fully utilized in the program implementation: (1) comprehensive training for fathers, (2) early intervention and case management services for fathers, (3) provide participation and/or evaluation incentives (meals, snacks, etc) and (4) employ a variety of linkages to other community support services as a part of case management.

- A Three of the four potential retention features are fully utilized in the program implementation: comprehensive training for fathers, early intervention and case management services, provide participation and/or evaluation incentives (meals, snacks, etc) and employ a variety of linkages to other community support services as a part of case management.
 - U Less than three of the potential retention features are fully utilized in the program implementation.
- 2. Case management services
 - I Access to case management services is available and offered as needed for all participants over a one year period.
 - A Access to case management services is available upon request.
 - U Case management services are not available.
- 3. When providing case management services for reentry/recovering populations, it is also important to include Joint Intervention Meetings (JIMs).
 - I Joint Intervention Meetings are conducted monthly with selected clients, including key representatives of partner agencies and program staff while creating an atmosphere of respect, caring, cultural sensitivity and accountability.
 - A Joint Intervention Meetings are conducted as needed, including key representatives of partner agencies when possible, and program staff create an atmosphere of respect, caring, cultural sensitivity and accountability.
 - U Joint Intervention Meetings are not conducted; the JIM meetings held do not include key representatives; or the meetings tend to create an atmosphere of judgment, threat or control.

Infrastructure Needs

- 1. Physical space
 - I Ample space is provided which is at least 20X20 square foot of open space in order to comfortably accommodate 15-25 participants, the group leaders and required equipment.
 - U Ample space is not provided or is less than 20X20 square foot of open space, and does not comfortably accommodate 15-25 participants, the group leaders and required equipment.

Staffing

- 1. Staff consistency
 - I Two trainers are available to implement the entire *CLFC Fatherhood Program: Family Reintegration* including the one year case management follow-up.
 - A One trainer is available to implement the entire *CLFC Fatherhood Program: Family Reintegration* including the one year case management follow-up.
 - U Various individual trainers implement the *CLFC Fatherhood Program: Family Reintegration* including the one year case management follow-up.
- 2. Staff values and attitudes
 - I Trainers hold a number of important values and attitudes: accept the role of facilitator, establish relationships with participants, respect individual choices, respect individual and lifestyle diversity, strongly believe in helping fathers and families prepare for marriage, establish or re-establish family harmony and strongly believe in supporting adult males who may be in recovery for substance abuse, incarcerated or reentering the community after a

- period of incarceration, military service or any other form of physical or emotional separation.
 - A Trainers understand all the important values and attitudes and recognize their value, but also recognize it may take time to model these values and attitudes in their behavior.
 - U Trainers do not hold a number of important values and attitudes.
- 3. Staff attitudes regarding participant inclusion
 - I Trainers respect and involve program participants in scheduling, planning and decision-making regarding training dates and times.
 - U Trainers do not respect and involve program participants in scheduling, planning and decision-making regarding training dates and times.
- 4. Staff behavior
 - I Trainers are positive role models who consistently demonstrate effective fatherhood skills (i.e. respect, emotional support, communication skills, etc), who enjoy their work and who appropriately interact with other program staff and program participants.
 - A Trainers are positive role models who somewhat consistently demonstrate effective fatherhood skills and are working toward greater consistency, who enjoy their work and who appropriately interact with other program staff and program participants.
 - U Trainers are not positive role models, consistently demonstrate ineffective or inappropriate fatherhood skills and engage in any type of inappropriate behavior with other program staff and/or participants, or engage in inappropriate or illegal public behavior.

Program Structure

- 1. Session style
 - I Sessions include lots of interaction and interplay between trainers and participants.
 - A Sessions include some interaction and interplay between trainers and participants.
 - U Sessions do not include interaction and interplay between trainers and participants.
- 2. Session size
 - I Each session includes 12-18 participants.
 - A Each session includes 6-11 or 20-25 participants.
 - U Each session includes less than 6 or more than 25 participants.
- 3. Module timing - *Raising Resilient Youth (RRY)*
 - I The module is conducted and completed in 5 to 6 sessions.
 - A The module is conducted and completed in 5 to 7 sessions.
 - U The module is conducted and completed in less than 5 or more than 8 sessions.
- 4. Module timing - *Getting Real (GR)*
 - I The module is conducted and completed in 5 sessions.
 - A The module is conducted and completed in 4 to 6 sessions.
 - U The module is conducted and completed in less than 4 or more than 6 sessions.
- 5. Module timing - *CLFC ABC 3(D) Approach to HIV, Hepatitis and Other Sexually Transmitted Diseases Prevention*
 - I ABC 3 (D) module is conducted and completed in 2 to 3 sessions.
 - A ABC 3 (D) module is conducted and completed in 2 sessions.
 - U ABC 3 (D) module is conducted and completed in less than 2 or more than 4 sessions.

6. Module timing - *Developing Positive Parental Influences (DPPI)*
 - I The module is conducted and completed in 6 sessions.
 - A The module is conducted and completed in 5 to 7 sessions.
 - U The module is conducted and completed in less than 5 or more than 7 sessions.
7. Module session length
 - I Each weekly session for each module is conducted in a 2 hour period.
 - A Each weekly session for each module is conducted in a 1 ½ to 2 ½ hour period.
 - U Each weekly session for each module is conducted in less than a 1 ½ hour or more than a 2 ½ hour period.
8. Session incentives
 - I Each weekly session includes access to a light snack and beverages at the beginning or end of the session.
 - A Weekly session includes access to a light snack or beverages at the beginning or end of the session.
 - U Weekly sessions neither provide nor allow participants to bring light snacks or beverages to the session.
9. Module sequencing
 - I All of the program modules are provided in the order predetermined by the program organization and based on participant needs.
 - U Modules are not completed in a predetermined order based on participant needs.
10. Time of sessions
 - I All 4 modules are conducted within six months and case management is available throughout a 12-month period.
 - A 3 modules (RRY, GR, DPPI) are conducted within a six month period, and case management is available for a 10-month period.
 - U Fewer than 3 modules (RRY, GR or DPPI are not implemented) and less than 10 months of case management is conducted.
11. Trainer characteristics
 - I Each trainer is: (1) outgoing; (2) caring; (3) non-judgmental; (4) handles ambiguity; (5) models moderate beliefs and attitudes; (6) has a natural helping attitude; (7) has experienced group-oriented growth opportunities; (8) recognizes, names and expresses feelings as they occur; and (9) shows knowledge of the common types of communication responses.
 - A Each trainer demonstrates most (7-8) of the above characteristics.
 - U Either trainer demonstrates few (6 or fewer) of the above characteristics.
12. Trainer experience
 - I Each trainer demonstrates full knowledge and skills of the curriculum and of available support services (i.e. mental health, substance abuse, domestic violence, housing, employment, child support, etc), including types of services available, eligibility, cost and insurance-related issues.
 - A Each trainer demonstrates limited knowledge and skills of the curriculum and of available support services, but has access to assistance or supervision for referrals.
 - U Either trainer demonstrates little or no knowledge and skills of the curriculum and of available support services.

13. Trainer preparation
- I Each trainer is fully prepared for all activities for each session.
 - A One or both trainers are fully prepared only for activities they are personally scheduled to present for each session.
 - U Either trainer is not fully prepared for activities they are personally scheduled to present for each session.
14. Room set-up
- I The chairs and tables are arranged in a circular (or rectangular) fashion so that all participants can see each other and the two facilitators at the front of room. The flip chart is placed where the facilitators can easily access it and participants can clearly see it.
 - A The chairs and tables are arranged in a non-circular (or non-rectangular) fashion and/or the room is arranged in a way that does not optimize communication and references to materials are unobstructed.
 - U The chairs and tables are not arranged in a fashion that all participants can see each other or the two facilitators at the front of the room, and visual reference materials and communication is clearly obstructed and/or inhibited.
15. Program Overview
- I The trainers provide an overview of the *CLFC Fatherhood Program: Family Reintegration* including all modules to be covered, describes case management and solicits and answers participant questions.
 - A The trainers provide an overview of the *CLFC Fatherhood Program: Family Reintegration* including the modules to be covered and describes case management.
 - U The trainers do not provide an overview of the *CLFC Fatherhood Program: Family Reintegration* or case management, or ignores participant questions.
16. Welcome Ritual
- I The trainers facilitate one of the two *CLFC* “welcome rituals” following the guidelines in the *Getting Real Manual* or as described in the *Creating Lasting Family Connections®: Secrets to Successful Facilitation* book.
 - A The trainers facilitate a meaningful and engaging “welcome ritual” that allows for introductions for all staff and participants.
 - U The trainers do not facilitate a meaningful “welcome ritual”.
17. Ground Rules
- I The trainers create an atmosphere of safety by fully explaining all the ground rules, asking if there are questions about them and provides any necessary clarifications or adjustments.
 - A The trainers recite all or almost all of the ground rules but does not entertain questions.
 - U The trainers do not discuss the ground rules.
18. Session Atmosphere
- I The trainers create ample opportunities for everyone to participate without forcing anyone to engage in any verbal discussion or activity.
 - A The trainers create some opportunities for everyone to participate without forcing anyone to engage in any verbal discussion or activity.
 - U The trainers create few opportunities for everyone to participate without forcing anyone to engage in any verbal discussion or activity.

Raising Resilient Youth Module¹

1. Session 1 – 5 Content

- I The trainers fully cover all material (all capital and small letter, numbered and small roman numeral numbered points) in all topical areas (i.e. materials in roman numerals) and in appropriate sequence only.
- A The trainers cover 80% of the material (all but 1 numbered or a few small lettered or small roman numeral numbered points) in all topical areas and in appropriate sequence only.
- U The trainers skip significant portions of any topical area, entirely skips 1 or more of the topical areas or presents the material out of sequence.

Getting Real¹

1. Session 1 – 5 Content

- I The trainers fully cover all material (all capital and small letter, numbered and small roman numeral numbered points) in all topical areas (i.e. materials in roman numerals) and in appropriate sequence only.
- A The trainers cover 80% of material (all but 1 numbered or a few small lettered or small roman numeral numbered points) in all topical areas and in appropriate sequence only.
- U The trainers skip significant portions of any topical area, entirely skips 1 or more of the topical areas or presents the material out of sequence.

The CLFC ABC 3(D) Approach to HIV, Hepatitis and Other Sexually Transmitted Diseases Prevention¹

1. Session 1 – 2 Content

- I The trainers fully cover all material (all capital and small letter, numbered and small roman numeral numbered points) in all topical areas (i.e. materials in roman numerals) and in appropriate sequence only.
- A The trainers cover 80% of material (all but 1 numbered or a few small lettered or small roman numeral numbered points) in all topical areas and in appropriate sequence only.
- U The trainers skip significant portions of any topical area, entirely skips 1 or more of the topical areas or presents the material out of sequence.

2. Session 2 – HIV Testing

- I The trainers provide confidential, on-site HIV testing to participants and ensures that participation in testing is voluntary.
- A The trainers offer participant referrals to confidential HIV testing services and ensures that participation in testing is voluntary.
- U The trainers do not provide or offer referrals for HIV testing services or does not ensure that participation in testing is voluntary.

3. Session 2 – Hepatitis Referral

- I The trainers inform participants of hepatitis testing services and gently encourages participation in hepatitis testing.
- U The trainers do not provide information on hepatitis testing.

4. Session 3 – Content (Optional)

- I The trainers offer participants opportunities for role plays, further discussion and demonstrations.

- A The trainers ask participants if opportunities for role plays, further discussion and demonstrations are desired.
- U The trainers do not offer opportunities for role plays, further discussion and demonstrations.

Developing Positive Parental Influences¹

1. Session 1 – 6 Content

- I The trainers fully cover all material (all capital and small letter, numbered and small Roman numeral numbered points) in all topical areas (i.e. materials in roman numerals) and in appropriate sequence only.
- A The trainers cover 80% of material (all but 1 numbered or a few small lettered or small roman numeral numbered points) in all topical areas and in appropriate sequence only.
- U The trainers skip significant portions of any topical area, entirely skips 1 or more of the topical areas or presents the material out of sequence.

Evaluation

1. Evaluation Activities

- I Under the direction of an evaluator, the evaluation team administers the pre-, post- and follow-up surveys and the *CLFC Fatherhood Program: Family Reintegration* retrospective surveys to the participants.
- A The project administers the pre- and post- surveys and the *CLFC Fatherhood Program: Family Reintegration* retrospective surveys **OR** completes only the *CLFC Fatherhood Program* retrospective surveys.
- U The project does not administer any of the evaluation tools listed above.

¹ The training manuals referenced in this fidelity tool are those developed by Ted N. Strader and his associates at the Council on Prevention and Education: Substances (COPEs) in Louisville, Kentucky as they developed the *Creating Lasting Family Connections® Fatherhood Program: Family Reintegration*. In order to truly understand the nature of this program and the construct of fidelity that we have attempted to quantify herein, one must be familiar with those materials. Information about the *Creating Lasting Family Connections® Fatherhood Program* materials may be obtained from:

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**CREATING LASTING FAMILY CONNECTIONS® FATHERHOOD PROGRAM:
FAMILY REINTEGRATION
RECOMMENDED DOSAGE/FIDELITY INSTRUCTIONS**

Agencies, organizations, etc. are strongly encouraged to utilize the *Creating Lasting Family Connections® (CLFC) Fatherhood Program: Family Reintegration* Fidelity Instrument in conjunction with the Dosage/Fidelity Log as a means of producing accurate records related to fidelity when implementing the *CLFC Fatherhood Program*. These particular instruments can be used by a third-party evaluator who is observing the *CLFC Fatherhood Program* implementation; however, the *CLFC Fatherhood Program* trainers are also able to self-report the information.

When considering conducting a sophisticated evaluation design, the *CLFC Fatherhood Program: Family Reintegration* developer suggests agencies/organizations tie this Dosage/Fidelity Log to their attendance records for an in-depth analysis of change in outcomes related to dosage and fidelity. As stated in the *CLFC Fatherhood Program: Family Reintegration* Fidelity Instrument, at a minimum, the *CLFC Fatherhood Program* retrospective surveys should be administered for process evaluation data and feedback on the *CLFC Fatherhood Program* trainers.

Please note: In the *CLFC Fatherhood Program: Family Reintegration* Fidelity Instrument, ideally 2 trainers will collaborate to complete the Dosage/Fidelity Log for each session. However, if only 1 trainer is available, please ensure that the trainer follows the same standards and practices each time the Dosage/Fidelity Log is completed.

Facilitators might notice two separate Implementation Options for the *Developing Positive Parental Influences (DPPI)* module provided in the following “Dosage/Fidelity Log” section of this package. The “standard” version follows the sequence outlined in the *CLFC DPPI Trainer Manual*. The second (Option 2), “Early Recovery Sequence” is designed to be used primarily with groups in early recovery for substance abuse. In this second implementation option, facilitators will be referencing both the *DPPI Trainer Manual* and the *CLFC Fatherhood Program: Adaptation Guidebook* as training resources. Please note that while both implementation options include the same *DPPI* material, the sequence of activities and exercises presented in Implementation Option 2 has been adapted to meet the needs of this specific population. Both options meet implementation fidelity standards and are presented as two optional methods of implementing the program with fidelity.

Facilitators may also notice two separate versions of the “Dosage/Fidelity Log” for the *Raising Resilient Youth (RRY)* module. The “standard version” reflects the outline in the *RRY Trainer Manual*. The *RRY* Implementation Option 2 alters the sequence of exercises covered in Sessions 3 and 4 in a way that maintains full fidelity. Therefore, facilitators will also reference both the *RRY Trainer Manual* and the *CLFC Fatherhood Program: Adaptation Guidebook* as training resources when implementing this option of presenting the *RRY* module.

Staff members completing the Dosage/Fidelity Log are encouraged to make a duplicate copy of the Dosage/Fidelity Log for each session and to keep these duplicate copies in a file so that an evaluator can access the information for analysis. From this collected information, a summary can be prepared at the end of the program run. (Administrators and managers can also use this information as a means of quality assurance.)

*NOTE: The Dosage/Fidelity Log is also available electronically from COPES, Inc. or Resilient Futures Network (RFN).

CREATING LASTING FAMILY CONNECTIONS®
FATHERHOOD PROGRAM: FAMILY REINTEGRATION
Raising Resilient Youth
Standard Version
Dosage/Fidelity Log

COHORT #: _____ Training Date: _____
Location of Training: _____ Trainers Present: _____
Evaluator(s)/Trainer(s) Who Completed This Form: _____

Session	Activity/Exercise	Please check one: ¹		Recommended Time	Actual Time ²
		Completed	Not Completed		
Optional Session	Wave 1 Evaluation (Pre-Test) (<i>Optional</i>)			~ 60 minutes	
	Welcome Ritual (<i>Optional</i>)			~ 45 minutes	
	Overview of <i>CLFC Fatherhood Program</i> (<i>Optional</i>)			~ 15 minutes	
1³	Welcome Ritual (<i>Optional</i>) – (Skip if conducted previously; however, the Welcome must be done prior to or during session 1).			~ 30 minutes	
	Overview of <i>CLFC Fatherhood Program</i> (<i>Optional</i>) - (Skip if conducted previously)			~ 15 minutes	
	Program Expectations			~ 15 minutes	
	Overview of the <i>Raising Resilient Youth Training</i> (<i>Optional</i>) – (Skip if conducting Overview of <i>CLFC Fatherhood Program</i> during this same session)			~ 15 minutes	
	Job Descriptions for Parents and Children			~ 30 minutes	
	“Reflections” Exercise			~ 30 to 60 minutes	
2	“Thinking and Feeling” Exercise			~ 105 minutes	
	Children’s Growth Needs Lecture			~ 5 minutes	
	Healthy Family Members			~ 10 minutes	
3	Family Feelings Meeting Lecture			~ 10 minutes	
	Brief Introduction to “All About Inside Out”			~ 5 minutes	
	Conduct a Mock Family Feelings Meeting			~ 30 minutes	
	How Others Help Us See Ourselves			~ 30 minutes	
	“I” Messages			~ 10 minutes	
	“I” Message Circle			~ 25 minutes	
	Introduction to Feedback			~ 10 minutes	

¹ When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check “Completed”; if no, then check “Not Completed.”

² To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.

³ While there is a range of optional activities/exercises, each session is not to exceed 120 minutes (2 hours).

Session	Activity/Exercise	Please check one: ¹		Recommended Time	Actual Time ²
		Completed	Not Completed		
4	“All About Inside Out” Activity			~ 10 minutes	
	Developing Expectations and Consequences for your Children			~ 30 minutes	
	Practice Developing Expectations and Consequences			~ 80 minutes	
5	Role-Playing the Expectations and Consequences Negotiation Process			~ 60 minutes	
	Alcohol and Drugs: Expectations and Consequences			~ 20 minutes	
	Give a Brief Lecture on “Unconditional Love”			~ 10 minutes	
	Closure			~ 10 minutes	
	<i>Raising Resilient Youth Retrospective Survey</i>			~20 minutes	
Total				600 minutes (10 hours) to 720 minutes (12 hours - including optional evaluation sessions)	

Session Notes: Please note any significant occurrences or observations:

Participants Absent from Session:

¹ When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check “Completed”; if no, then check “Not Completed.”

²To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.

CREATING LASTING FAMILY CONNECTIONS®
FATHERHOOD PROGRAM: FAMILY REINTEGRATION
Raising Resilient Youth
Implementation Option 2
Dosage/Fidelity Log

COHORT #: _____ Training Date: _____

Location of Training: _____ Trainers Present: _____

Evaluator(s)/Trainer(s) Who Completed This Form: _____

Session ¹	Activity/Exercise	Please check one: ²		Recommended Time	Actual Time ³
		Completed	Not Completed		
Optional Session	Wave 1 Evaluation (Pre-Test) (<i>Optional</i>)			~ 60 minutes	
	Welcome Ritual (<i>Optional</i>)			~ 45 minutes	
	Overview of CLFC Fatherhood Program (<i>Optional</i>)			~ 15 minutes	
1⁴	Welcome Ritual (<i>Optional</i>) – (Skip if conducted previously; however, the Welcome must be done prior to or during session 1).			~ 30 minutes	
	Overview of CLFC Fatherhood Program (<i>Optional</i>) - (Skip if conducted previously)			~ 15 minutes	
	Program Expectations			~ 15 minutes	
	Overview of the Raising Resilient Youth Training (<i>Optional</i>) – (Skip if conducting Overview of CLFC Fatherhood Program during this same session)			~ 15 minutes	
	Job Descriptions for Parents and Children			~ 30 minutes	
	“Reflections” Exercise			~ 30 to 60 minutes	
2	“Thinking and Feeling” Exercise			~ 105 minutes	
	Children’s Growth Needs Lecture			~ 5 minutes	
	Healthy Family Members			~ 10 minutes	
3	How Others Help Us See Ourselves (<i>RRY Trainer Manual, p. 20, VII</i>)			~ 60 minutes	
	“I” Messages (<i>RRY Trainer Manual, p. 21, VIII</i>)			~ 20 minutes	
	“I” Message Circle (<i>RRY Trainer Manual, p. 22, IX</i>)			~ 30 minutes	
	Introduction to Feedback (<i>RRY Trainer Manual, p. 22, X</i>)			~ 10 minutes	

¹ If facilitators select RRY Implementation Option 2, they will be referencing both the RRY Trainer Manual and the *CLFC Fatherhood Program: Adaptation Guidebook* as implementation resources. Please note that while the material remains the same, the activities and exercises are presented in a different sequence (and different session #'s in session 3 and 4) than outlined in the RRY Trainer Manual. The source document, page # and reference are listed above in the Dosage/Fidelity Log.

² When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check “Completed”; if no, then check “Not Completed.”

³ To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.

⁴ While there is a range of optional activities/exercises, each session is not to exceed 120 minutes (2 hours).

Session ¹	Activity/Exercise	Please check one: ²		Recommended Time	Actual Time ³
		Completed	Not Completed		
4	Family Feelings Meeting Overview (<i>CLFC Fatherhood Program: Adaptation Guidebook</i> , p. 93-94, III)			~ 60 minutes	
	Developing Expectations and Consequences for your Children (<i>RRY Trainer Manual</i> , p. 24, V)			~ 15 minutes	
	Practice Developing Expectations and Consequences (<i>RRY Trainer Manual</i> , p. 24, VI)			~ 45 minutes	
5	Role-Playing the Expectations and Consequences Negotiation Process			~ 60 minutes	
	Alcohol and Drugs: Expectations and Consequences			~ 20 minutes	
	Give a Brief Lecture on “Unconditional Love”			~ 10 minutes	
	Closure			~ 10 minutes	
	<i>Raising Resilient Youth Retrospective Survey</i>			~20 minutes	
Total				600 minutes (10 hours) to 720 minutes (12 hours - including optional evaluation sessions)	

Session Notes: Please note any significant occurrences or observations:

Participants Absent from Session:

¹ If facilitators select RRY Implementation Option 2, they will be referencing both the RRY Trainer Manual and the *CLFC Fatherhood Program: Adaptation Guidebook* as implementation resources. Please note that while the material remains the same, the activities and exercises are presented in a different sequence (and different session #'s in session 3 and 4) than outlined in the RRY Trainer Manual. The source document, page # and reference are listed above in the Dosage/Fidelity Log.

² When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check “Completed”; if no, then check “Not Completed.”

³ To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.

CREATING LASTING FAMILY CONNECTIONS®
FATHERHOOD PROGRAM: FAMILY REINTEGRATION
Getting Real
Dosage/Fidelity Log

COHORT #: _____

Training Date: _____

Location of Training: _____

Trainers Present: _____

Evaluator(s)/Trainer(s) Who Completed This Form: _____

Session	Activity/Exercise	Please check one: ¹		Recommended Time	Actual Time ²
		Completed	Not Completed		
1 ³	“It Takes Two to Know You”			~ 60 to 120 minutes	
	“I” Messages (<i>Optional</i>) – (Skip if previously covered in Raising Resilient Youth)			~ 60 minutes	
2	Overview of <i>Getting Real</i>			~ 20 minutes	
	Comparing the Intimate and Defensive Responses Through Role-Plays			~ 45 minutes	
	The <i>Getting Real</i> response			~ 45 minutes	
	Closing Points			~ 10 minutes	
3	Continue Comparing the Intimate and Defensive Responses Through Role-Plays			~ 55 minutes	
	Comparing Defensive Response With the <i>Getting Real</i> Response			~ 55 minutes	
	Closing Points			~ 10 minutes	
4	Examining the Intimate and Defensive Responses Through Role-Plays			~ 55 minutes	
	The <i>Getting Real</i> Response			~ 55 minutes	
	Closing Points			~ 10 minutes	
5	Group <i>Getting Real</i> (or <i>Getting Real</i> Together)			~ 60 minutes	
	Continue Comparing <i>Getting Real</i> and Defensive Responses			~ 25 minutes	
	Wrap-Up Exercise			~ 15 minutes	
	<i>Getting Real</i> Retrospective Survey			~20 minutes	
Total				600 minutes (10 hours)* *May be reduced down to a minimum of 480 minutes (8 hours). See note 3 below.	

¹ When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check “Completed”; if no, then check “Not Completed.”

² To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.

³ While there is a range of optional activities/exercises, each session is not to exceed 120 minutes (2 hours). Experienced Getting Real facilitators may also be able to conduct the entire Getting Real module in 4 sessions with fidelity. This is achieved by conducting an average of 3 separate role-plays in each of the 4 sessions, thereby eliminating the need for Session 3.

Session Notes: Please note any significant occurrences or observations:

Participants Absent from Session:

- ¹ When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check “Completed”; if no, then check “Not Completed.”
- ² To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.
- ³ While there is a range of optional activities/exercises, each session is not to exceed 120 minutes (2 hours). Experienced Getting Real facilitators may be able to conduct the entire Getting Real module in 4 sessions with fidelity. This is achieved by conducting an average of 3 separate role-plays in each of the 4 sessions, thereby eliminating the need for Session 3.

**CREATING LASTING FAMILY CONNECTIONS®
FATHERHOOD PROGRAM: FAMILY REINTEGRATION**

**The CLFC ABC 3 (D) Approach to HIV, Hepatitis and Other Sexually Transmitted Diseases Prevention
Dosage/Fidelity Log**

COHORT #: _____ Training Date: _____
 Location of Training: _____ Trainers Present: _____
 Evaluator(s)/Trainer(s) Who Completed This Form: _____

Session	Activity/Exercise	Please check one: ¹		Recommended Time	Actual Time ²
		Completed	Not Completed		
1	Welcome/Overview			~ 30 minutes	
	HIV/AIDS Among American Populations			~ 30 minutes	
	Brainstorms			~ 50 minutes	
	Closing Points			~ 10 minutes	
2	Welcome/Overview			~25 minutes	
	“Hepatitis Questions” Activity			~30 minutes	
	Large Group Discussion			~60 minutes	
	Closing Points			~5 minutes	
3	Role-Plays and Further Discussion (Optional)			~120 minutes	
Total				240 minutes (4 hours) to 360 minutes (6 hours – including optional session)	

Session Notes: Please note any significant occurrences or observations:

Participants Absent from Session:

¹ When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check “Completed”; if no, then check “Not Completed.”

² To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.

**CREATING LASTING FAMILY CONNECTIONS®
FATHERHOOD PROGRAM: FAMILY REINTEGRATION**

Developing Positive Parental Influences

Standard Version

Dosage/Fidelity Log

COHORT #: _____

Training Date: _____

Location of Training: _____

Trainers Present: _____

Evaluator(s)/Trainer(s) Who Completed This Form: _____

Session	Activity/Exercise	Please check one: ¹		Recommended Time	Actual Time ²
		Completed	Not Completed		
1	Overview of Training: Drink/Drunk/Alcoholism			~15 minutes	
	Exercise: Personal Experience with Alcohol: Group Exercise			~80 minutes	
	What Do We Mean When We Say “To drink?”			~20 minutes	
	Wrap-up Session and Provide Brief Overview of the Next Session			~5 minutes	
2	Drink Equivalence			~ 25 minutes	
	Low-risk drinking patterns for adults			~30 minutes	
	“Why do people drink?”/“Why do people abstain?” Brainstorm			~60 minutes	
	Wrap-up Session and Provide Brief Overview of the Next Session			~5 minutes	
3	Parental Attitudes about Drinking			~80 minutes	
	Cultural/Societal Influences on Drinking and Alcoholism Discussion			~35 minutes	
	Wrap-up Session and Provide Brief Overview of the Next Session			~5 minutes	
4 ³	Intoxication Curve			~ 60 to 80 minutes	
	Drunk versus high			~30 to 40 minutes	
	Motivations for Use (<i>Optional</i>)			~0 to 30 minutes	
	Wrap-up Session and Provide Brief Overview of the Next Session			~ 5 minutes	

¹ When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check “Completed”; if no, then check “Not Completed.”

² To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.

³ While there is a range of optional activities/exercises, each session is not to exceed 120 minutes (2 hours).

Session	Activity/Exercise	Please check one ¹ :		Recommended Time	Actual Time ²
		Completed	Not Completed		
5	Problem Drinking or Alcoholism?			~30 minutes	
	Family Disease			~60minutes	
	Children are Also Affected: Children's Roles			~25 minutes	
	Wrap-up Session and Provide Brief Overview of the Next Session			~ 5 minutes	
6	Dynamics of Chemical Dependency Exercise			~ 30 minutes	
	Social Relationships and Intervention			~ 50 minutes	
	Relationships and Approaches to Prevention			~ 20 minutes	
	<i>Developing Positive Parental Influences Retrospective Survey</i>			~20 minutes	
Optional Session	Wave 2 Evaluation (Post-Test)			~ 60 minutes	
	Recognition Event			~ 60 minutes	
Optional Session	Wave 3 Evaluation (3-6 month follow up)			~ 120 minutes	
Total				720 minutes (12 hours) to 960 minutes (16 hours – including optional evaluation sessions)	

Session Notes: Please note any significant occurrences or observations:

Participants Absent from Session:

¹When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check "Completed"; if no, then check "Not Completed."

² To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.

**CREATING LASTING FAMILY CONNECTIONS®
FATHERHOOD PROGRAM: FAMILY REINTEGRATION**

**Developing Positive Parental Influences
Implementation Option 2
“Early Recovery Sequence”
Dosage/Fidelity Log**

COHORT #: _____

Training Date: _____

Location of Training: _____

Trainers Present: _____

Evaluator(s)/Trainer(s) Who Completed This Form: _____

Session ¹	Activity/Exercise	Please check one: ²		Recommended Time	Actual Time ³
		Completed	Not Completed		
1	Overview (<i>CLFC Fatherhood Program: Adaptation Guidebook, p. 15, bottom of page</i>)			~20 minutes	
	Exercise: Personal Experience with Alcohol: Survey (<i>CLFC Fatherhood Program: Adaptation Guidebook, p. 16, top of page</i>)			~30 minutes	
	Drink/Drunk/Alcoholism (<i>CLFC Fatherhood Program: Adaptation Guidebook, p. 17, top of page, through p. 21</i>)			~30 minutes	
	Parental Attitudes about Drinking (<i>DPPI Trainer Manual, p. 20, III</i>)			~40 minutes	
2	Cultural/Societal Influences on Drinking and Alcoholism Discussion (<i>DPPI Trainer Manual, p. 22, IV</i>)			~40 minutes	
	Intoxication Curve (<i>DPPI Trainer Manual, p. 23, III</i>)			~ 1 hour and 20 minutes	
3 ⁴	Drunk versus high (<i>DPPI Trainer Manual, p. 24, IV</i>)			~ 60 minutes	
	Motivations for Use (Optional) (<i>DPPI Trainer Manual, p. 26, V</i>)			~0 to 30 minutes	
	Problem Drinking or Alcoholism? (<i>DPPI Trainer Manual, p. 28, III</i>)			~30 to 60 minutes	

¹ If facilitators select DPPI Implementation Option 2, “Early Recovery Sequence”, facilitators will be referencing both the DPPI Trainer Manual and the *CLFC Fatherhood Program: Adaptation Guidebook* as implementation resources. Please note that while the material remains the same, the activities and exercises are presented in a different sequence (and occasionally different session #'s) than outlined in the DPPI Trainer Manual. The source document, page # and reference are listed above in the Dosage/Fidelity Log.

² When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check “Completed”; if no, then check “Not Completed.”

³ To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.

⁴ While there is a range of optional activities/exercises, each session is not to exceed 120 minutes (2 hours).

Session ¹	Activity/Exercise	Please check one: ²		Recommended Time	Actual Time ³
		Completed	Not Completed		
4	Family Disease (<i>DPPI Trainer Manual</i> , p. 29, IV)			~60 minutes	
	Children are Also Affected: Children's Roles (<i>DPPI Trainer Manual</i> , p. 32, V)			~30 minutes	
	Dynamics of Chemical Dependency Exercise (<i>DPPI Trainer Manual</i> , p. 34, III)			~30 minutes	
5	Social Relationships and Intervention (<i>DPPI Trainer Manual</i> , p. 36, IV)			~60 minutes	
	Relationships and Approaches to Prevention (<i>DPPI Trainer Manual</i> , p. 38, V)			~ 25 minutes	
	Drink Equivalence (<i>DPPI Trainer Manual</i> , p. 16, IV)			~30 minutes	
6	Low-risk drinking patterns for adults (<i>DPPI Trainer Manual</i> , p. 17, V)			~35 minutes	
	"Why do people drink?" "Why do people abstain?" Brainstorm (<i>DPPI Trainer Manual</i> , p. 18, VI)			~60 minutes	
	Wrap-up Session (<i>DPPI Trainer Manual</i> , p. 19, VII)			~5 minutes	
	<i>Developing Positive Parental Influences Retrospective Survey</i>			~20 minutes	
Optional Session	Wave 2 Evaluation (Post-Test)			~60 minutes	
	Recognition Event			~60 minutes	
Optional Session	Wave 3 Evaluation (3-6 month follow up)			~120 minutes	
Total				720 minutes (12 hours) to 960 minutes (16 hours – including optional evaluation sessions)	

Session Notes: Please note any significant occurrences or observations:

Participants Absent from Session:

¹If facilitators select DPPI Implementation Option 2, "Early Recovery Sequence", facilitators will be referencing both the DPPI Trainer Manual and the *CLFC Fatherhood Program: Adaptation Guidebook* as implementation resources. Please note that while the material remains the same, the activities and exercises are presented in a different sequence (and occasionally different session #'s) than outlined in the DPPI Trainer Manual. The source document, page # and reference are listed above in the Dosage/Fidelity Log.

²When examining the goals, objectives and the content of each activity/exercise, does the trainer/facilitator believe the program recipients received at least 80% of the intended content? If yes, then check "Completed"; if no, then check "Not Completed."

³To maintain fidelity of the program, actual time spent on activities/exercises should typically fall within 10-minutes of the recommended time.