

THE CLFC FAMILY REUNION NEWS

THE CREATING LASTING FAMILY CONNECTIONS

QUARTERLY NEWSLETTER

Fall Edition

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3 *ALL-NEW* CLFC TRAININGS Now Available!

A series of innovative, highly-interactive and powerful NEW CLFC TRAININGS are now available for professionals wishing to provide **FATHERHOOD** or **MARRIAGE ENHANCEMENT** programming. These new programs have demonstrated strong outcomes in empirical studies. These personal and family strengthening programs include a special focus on serving minority, reentry and/or recovering populations.

We are excited to share this advanced, new technology with others who wish to diversify their agency's funding base for sustaining important personal and family strengthening services in a changing economy. By serving new populations in new ways, we are assisting others in accessing additional new funding sources. These innovative strategies have already proven to be an effective response to the unpredictable economy and uncertain forecast of future funding opportunities.

First, the Resilient Futures Network (RFN) is offering a 3-Day “Train the Trainer” CLFC Fatherhood Training using the adapted CLFC curriculum for parties interested in serving fathers. We also offer a special track with a focus on serving re-entry and recovery populations. Two recent Fatherhood projects have achieved significant results in multiple areas, including substance abuse prevention, prison recidivism prevention and improving important fatherhood and other relationship skills.

In a CLFC Fatherhood project focusing on HIV and substance abuse prevention for minority re-entry men (funded by the Center for Substance Abuse Prevention), participants became:

- more knowledgeable about Sexually Transmitted Diseases (i.e. HIV, Hepatitis),
- less likely to intend to binge drink,
- more spiritual,
- and, **almost four times less likely to recidivate than comparison group participants.**

In another CLFC Fatherhood program (funded by the Administration for Children and Families Office of Family Assistance) substance-abusing re-entry men achieved:

- improvement in 9 different relationship skills,
- improvements in those 9 relationship skills that persisted over the course of a year,
- and were **almost three times (2.94) less likely to recidivate than comparison group participants.**

This dynamic CLFC Fatherhood Training centers on creating a training experience for men that is deep, rich, culturally sensitive, engaging, practical, and both personally and professionally rewarding for participants and providers. As a part of this particular 3-Day training, we will also review the grant-writing strategies COPES and other agencies are using to successfully secure over a million dollars of funding each year to serve this population.

Secondly, we believe that committed, engaged or married couples deserve access to the best, most practical and powerful relationship and communication skills available. COPES' new CLFC Marriage Enhancement Retreat has proven highly effective in enriching and positively impacting couples who desire healthy, safe and increasingly rewarding relationships built on mutual trust, respect, and love. In order to prepare your team to implement the NEW CLFC Marriage Enhancement Retreat, RFN is offering a 3-Day "Train the Trainer" course for professionals who wish to serve committed, engaged or married couples.

In a recent 5-year Marriage Enhancement Project (funded by the Administration for Children and Families, Office of Family Assistance), participating couples showed powerful and statistically significant results:

- improvement in all 9 important relationship skills targeted for both husbands and wives;
- improvement in the 9 relationship skills of husbands compared to a group of men not participating in the program;
- and all 9 relationship skill gains persisted over the course of the follow-up period.

This new “training of trainers” for the CLFC Marriage Enhancement Retreat will provide the most updated insights COPEs and RFN staff have gained in recruiting, retaining and adapting the CLFC curriculum to serve committed couples. This “training of trainers” will also examine effective grant-writing strategies used to write successfully funded healthy marriage grants.

This training will empower your agency to continue to provide vital services in your community that support and strengthen healthy relationships and families. Couples employing these skills are improving the life-long well-being of their children.

Finally, RFN is also offering a 3-Day CLFC Refresher Training for CLFC certified trainers who were trained more than 3 years ago. We have recently uncovered several new strategies to improve trainer performance and better outcomes for participants. We want to keep everyone “up to speed” in the challenge of maintaining high energy and a sense of renewed excellence in our work with youth and families. This improved performance, coupled with a greater sense of depth and a broader reach, will improve your ability to remain competitive in the ever-changing funding environment.

We are planning to offer each of these three, NEW 3-Day Trainings between now and Christmas, and again between Christmas and July 2012. These new (3-Day) Trainings are primarily intended for Certified CLFC trainers. If you are interested in participating in any one of these 3-Day Trainings (the CLFC Fatherhood Training, the CLFC Marriage Enhancement Retreat Training, or the CLFC Refresher Training) please **call Teresa Boyd Strader at 502-897-1111**. Call today to ensure a spot in one of our upcoming trainings!

Note: Several Certified CLFC Trainers have asked us to consider a separate, new training opportunity for professionals to personally experience the transformative process of the CLFC Marriage Enhancement Retreat with their own spouse immediately prior to receiving the training of trainers. This combined retreat and training would prove particularly helpful for couples who work together in creating a powerful, shared experience that, from then on, can inspire and positively drive both their personal relationship and their professional service. This combined retreat and training could also empower entrepreneurial professionals to open a private practice to help the vast market of other couples seeking similarly dramatic and meaningful results in their own relationships. Please contact us soon if you are interested in joining a select group of professional couples to experience both this Marriage Enhancement Retreat and the accompanying training of trainers.

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Any opinions, findings, and conclusions or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the Center for Substance Abuse Prevention (CSAP) or the Administration for Children and Families Office of Family Assistance.

CLFC Implementation Training Opportunity Near Reno, NV

Seats are currently available for participants to attend the standard 5-day CLFC Implementation Training in scenic Fallon, Nevada. Fallon is located just 1 hour's drive time from Reno, N.V. Discount training prices are available. For the first 3 or 4 registrants, the cost will be \$600 per person (\$150 off the usual \$750 price). If there are 5 or more new registrants, we will further reduce the cost for all participants down to \$500 per person. That could amount to \$250 off the

usual cost! The training dates have yet to be determined. It is expected to occur prior to December 20th, 2011. If you would like to join us, or for more information, please contact Teresa Boyd Strader at teresastraderrfn@gmail.com or by phone at 502-897-1111.

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